

My Radiotherapy



Journey



This book belongs to

.....

Draw a picture of yourself

My birthday is
and I am years old!

My 3 favourite things are...

1

2

3

**Hello,
Come and see what
happens when you
come to The Christie
for radiotherapy.**

PROTON BEAM THERAPY CENTRE



Our centre has play areas with toys, games and fun things to do.

There is a team of health play specialists who can help you understand your treatment and will make sure you have lots of fun while you're here.





Your first day

On your first day you will meet your team and consultant.

A consultant is a senior doctor who is in charge of your treatment. They plan your radiotherapy treatment and spend time with you and your family, learning all about you. You will also meet these people:

Your key worker

Nurses

The anaesthetic team (look for their blue pyjamas!)

Health play specialists





There are a few things you will need to do each day. Let's see what they are....



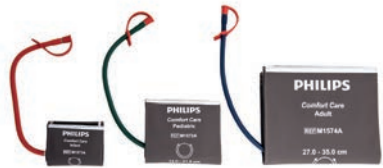
A few things you need
to have done before
your radiotherapy...

These are some
of the checks we
will be doing...

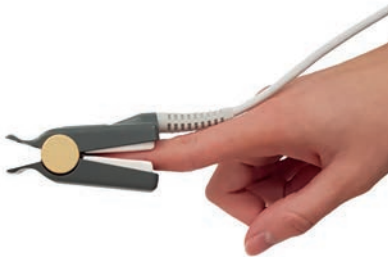




Temperature



Blood pressure



**Pulse and
oxygen numbers**



Line or port


Before you have your radiotherapy, you will meet a doctor called an anaesthetist.

Anaesthetists are doctors that look after children and help them to have a sleep for their radiotherapy.

Your anaesthetist gives you the sleep medicine through your line or port and you will start to feel sleepy.

Your family will be with you.



A cartoon panda character is sitting in a hospital bed. The panda is white with black ears, eyes, and limbs, and has a friendly expression with a red mouth. It is wearing a white hospital gown and has a medical sensor attached to its chest. The bed has a blue patterned sheet and a white pillow. In the background, there is a medical monitor and other hospital equipment. A white speech bubble with a tail pointing to the panda contains the text "I wonder what I will dream about?".

**I wonder what I
will dream about?**

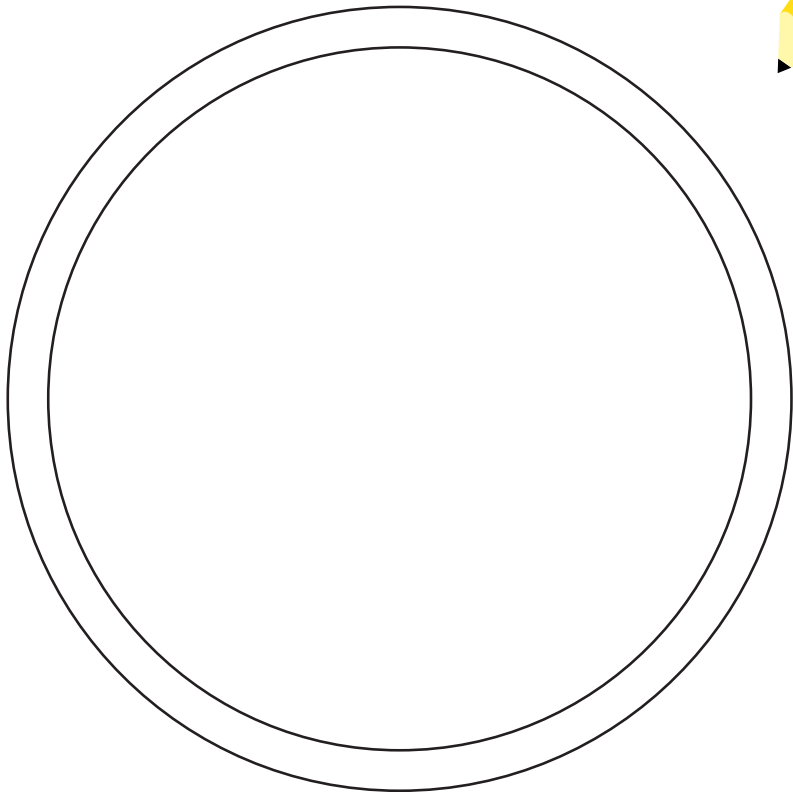
When your treatment is finished, you will wake up.

You will hear the monitors making beeping sounds and the nurses will be there looking after you. You will also see your family and when you are wide awake you can go back to the recovery area.



You will be hungry and thirsty after your treatment and now you can have something to eat and drink... yummy!

Can you draw your favourite food on the plate?



You can also spend some time playing before you leave for the day.

Puzzle page

Can you find the right path to all 3 pictures?



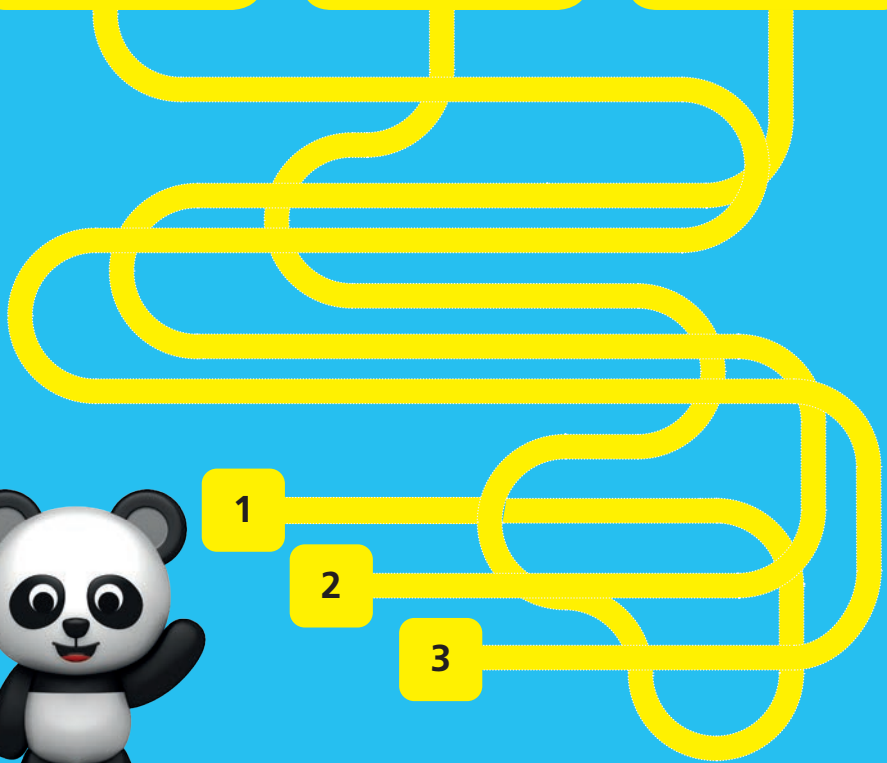
Play room



Bamboo



Linac



Scrambled words!

Can you unscramble the words below?



Clue: A piece of equipment

I L A C N
□ □ □ □ □

Clue: A cuddly black and white animal

A P N A D
□ □ □ □ □

Clue: A place to play and have some fun!

O M R L Y P A O
□ □ □ □ □ □ □ □

The proton beam therapy centre at The Christie
Ground floor reception: 0161 918 7577
Day Unit: 0161 918 7289

Royal Manchester Children's Hospital (RMCH)
RMCH Hotline: 0161 701 7489

The Christie NHS Foundation Trust
www.christie.nhs.uk

The Christie Patient Information Service
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