

Maggie's Manchester

Tel: **0161 641 4848** or email manchester@maggiescentres.org

The Maggie's centre is located near the hospital at 15 Kinnaird Road, Manchester M20 4QL

Maggie's Oldham

Tel: **0161 989 0550** or email oldham@maggiescentres.org

The Sir Norman Stoller Building, The Royal Oldham Hospital, Oldham OL1 2JH

If you need information in a different format, such as easy read, large print, BSL, braille, email, SMS text or other communication support, please tell your ward or clinic nurse.

The Christie is committed to producing high quality, evidence based information for patients. Our patient information adheres to the principles and quality statements of the Information Standard. If you would like to have details about the sources used please contact patient.information@christie.nhs.uk

For information and advice visit the cancer information centres at Withington, Oldham or Salford. Opening times can vary, please check before making a special journey.

Contact The Christie Hotline for urgent support and specialist advice
The Christie Hotline: 0161 446 3658
Open 24 hours a day, 7 days a week

Specialist Allied Health Professional (AHP) brain and central nervous system tumour rehabilitation

Information for patients, relatives, carers and friends

The specialists are called AHPs (Allied Health Professionals). They specialise in rehabilitation for people with a diagnosis of a brain or spinal tumour, both low and high grade. Rehabilitation includes helping you to manage problems you have as a result of your tumour or its treatment such as mobility, personal care, nutrition, communication and to be able to return to your daily activities.

Rehabilitation

We work with different therapists such as nutrition and dietetics, occupational therapists (activities of daily living, fatigue, memory, equipment), orthoptists (eyes), orthotics (splints), physiotherapists, podiatrists (feet), and speech and language therapists.

The specialist AHP's role is to:

- identify any rehabilitation needs
- help people to get access to the local rehabilitation they need
- refer people on to rehabilitation services
- work with local therapists providing information, support and education.

We are a point of contact for patients, carers, and members of the multi-disciplinary team for rehabilitation needs.



Multi-disciplinary team

We work closely with all members of the multi-disciplinary team, at Salford Royal and The Christie as well as therapists in other hospitals and community. We also work with GPs, district nurses and specialist nurses in the community.

Meeting the specialist AHP

- We may contact you by phone after discharge from hospital.
- You may meet us in The Christie outpatient clinic.
- We may see you in radiotherapy.
- At home, if there are rehabilitation issues you want to discuss.
- On the ward.

Please contact us directly if you need to discuss your rehabilitation.

The Specialist AHPs offer

- Assessment of rehab needs.
- Information and advice about rehabilitation and services.
- Referral on to services.
- Liaison with therapists and doctors.
- Discussion about rehabilitation options.
- Referral for equipment.
- Help with rehabilitation problems relating to illness or treatment side effects.
- Information and support about your rehabilitation for friends and relatives.
- A point of contact when problems arise.
- A link to other health professionals involved in your care at home and in hospital.

How to contact us

You can contact us on: **0161 918 7400**

Sara Robson

07827 955 047 sara.robson@christie.nhs.uk

Julie Emerson

07827 955 048 julie.emerson@christie.nhs.uk

These numbers are for all NON URGENT enquiries.

We may not be able to answer your call immediately but please leave us a message with your contact details. If we are not available, we will call you back. Please note we do not work weekends or Bank Holidays. For all URGENT issues regarding treatment, please call The Christie Hotline on **0161 446 3658**.

Other useful information

The Brain and Spinal Injuries Centre (BASIC)
Tel **0161 707 6441** www.basiccharity.org.uk/

The Brain Tumour Charity
Support line: **0808 800 0004** www.thebraintumourcharity.org/

Brain Tumour Support
Support line: **01454 422 701** www.braintumoursupport.co.uk/

Brainstrust
01983 292 405 www.brainstrust.org.uk/

Macmillan Cancer Support
Cancerline: **0808 808 0000** www.macmillan.org.uk

Cancer information centres

The Christie NHS Foundation Trust
Tel: **0161 446 8100** (Open 10:00am to 4:30pm) department 3

Salford Royal Hospital, near the main entrance off Eccles Old Road
Tel: **0161 206 1455**

The Christie at Oldham
Tel: **0161 918 7700**