

Endocrinology

Fasting blood test sheet

Your doctor has recommended that you have some fasting blood tests to assess your hormone levels.

Please attend the Endocrine unit on: _____

at: _____

Instructions:

This fasting blood test requires you to avoid food and most drinks for a short period of time before having your blood taken. Please can you attend the Endocrine unit **after fasting from midnight**. You may drink water before the test.

Your results will be reviewed by the Endocrinology doctors. We will inform you and your GP of your results and any changes to treatment or medication by letter. Sometimes it is also necessary for us to contact you by telephone, so please provide us with your home and mobile telephone numbers when you come in for your test.

The timing of endocrine tests is important so please attend at the time specified on your appointment letter. If you are unable to keep your appointment please contact the department and we will rearrange it for you.

Contacts

If you have any queries please contact:

Endocrine nursing team on **0161 446 3479**

Email: the-christie.endocrinology@nhs.net



If you need information in a different format, such as easy read, large print, BSL, braille, email, SMS text or other communication support, please tell your ward or clinic nurse.

The Christie is committed to producing high quality, evidence based information for patients. Our patient information adheres to the principles and quality statements of the Information Standard. If you would like to have details about the sources used please contact **the-christie.patient.information@nhs.net**

For information and advice visit the cancer information centres at Withington, Oldham or Salford. Opening times can vary, please check before making a special journey.



Contact The Christie Hotline for
urgent support and specialist advice
The Christie Hotline: 0161 446 3658
Open 24 hours a day, 7 days a week