Macmillan Cancer Support
A national charity which runs a cancer information service and offers confidential support to people living with cancer and their loved ones.
Freephone: 0808 808 0000
www.macmillan.org.uk

Maggie's
Maggie's provides free practical, emotional and social support to people with cancer, their families and friends.
www.maggies.org

Maggie's Manchester
Phone: 0161 641 4848 or email: manchester@maggies.org
Maggie's Oldham
Phone: 0161 989 0550 or email: oldham@maggies.org

If you need information in a different format, such as easy read, large print, BSL, braille, email, SMS text or other communication support, please tell your ward or clinic nurse.

The Christie is committed to producing high quality, evidence based information for patients. Our patient information adheres to the principles and quality statements of the Information Standard. If you would like to have details about the sources used please contact **the-christie.patient.information@nhs.net**

For information and advice visit the cancer information centres at Withington, Oldham, Salford or Macclesfield. Opening times can vary, please check before making a special journey.

Contact The Christie Hotline for urgent support and specialist advice
The Christie Hotline: 0161 446 3658
Open 24 hours a day, 7 days a week

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The Christie Patient Information Service
Tel: 0161 446 3000 www.christie.nhs.uk

NHS
The Christie
NHS Foundation Trust

Macmillan metastatic breast clinical nurse specialist team

Support after diagnosis of metastatic or locally advanced breast cancer

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What support will I get?

First year support pathway

We are a team of clinical nurse specialists (CNS) who will support you, your family and friends following a diagnosis of metastatic or locally advanced breast cancer. Below is the support pathway you should expect to receive during the first year following your diagnosis. We encourage you to attend your appointment at the nurse-led clinic, as this can help you access further support if you need it.
By the end of the first year, we hope that you will feel confident contacting us whenever you need support.

1. Nurse-led clinic

This is an appointment with a CNS. You should expect to see the nurse about 4 to 6 weeks after your first medical appointment at The Christie. If for some reason you do not receive your appointment please phone **0161 446 3996** and this will be arranged for you.

2. Telephone follow-up clinic

You will receive an appointment for a telephone conversation or call with a CNS about 4 months after your nurse led-clinic appointment. If you need additional support prior to the telephone follow up appointment, the nurse will discuss arranging this with you.

3. Health and wellbeing day

You will be invited to this event 6 to 12 months after your first clinic appointment at The Christie. This day is designed to help you live well with metastatic or locally advanced breast cancer. The days are run twice a year and previous patients, relatives and friends who have attended, rate the days very positively. The day gives you the opportunity to listen to expert speakers such as a medical consultant, senior research dietitian, metastatic breast CNS and supportive care CNS. There are also breakout sessions in the afternoon which provide further additional support.
If you haven't received an invitation for this event after 12 months, please call us on: **0161 446 3996.**

This is an outline of the minimum support you should expect to receive from the service.

Contacts

We are always here for you. In between these appointments, please feel free to contact us at any point. Please always leave a message and one of the nurses will get back to you as soon as possible (please note it is not always possible to return all calls the same day due to clinical commitments).

The Macmillan metastatic or locally advanced breast clinical nurse specialists.

Telephone: 0161 446 3996
Team email: the-christie.sbcn@nhs.net

Further information

Breast Cancer Now

Provides information and support to both patients and families.
To speak to a nurse call Freephone: **0808 800 6000**
Monday to Friday, 9am to 4pm, and Saturday 9am to 1pm
www.breastcancernow.org

Living with secondary (metastatic) breast cancer

Meet other people in a similar situation and hear from expert speakers.
To find a support service near you, call: **0345 077 1893** or email: **secondaryservices@breastcancernow.org**

The Christie cancer information centres

The cancer information centres provide information and support on all aspects of cancer through a drop-in service face-to-face, over the phone or by email.
The Christie main site (Withington) phone: **0161 446 8439**
The Christie at Oldham phone: **0161 918 7745**
The Christie at Salford phone: **0161 918 7804**
The Christie at Macclesfield phone: **0161 956 1700**