

Colorectal and peritoneal oncology centre

Low grade mucinous neoplasm I (LAMN I)

What is it?

A low grade mucinous neoplasm (LAMN I) is a growth found in your appendix. We use this term when the growth is very early and has not spread anywhere. This type of growth is not considered cancerous.

What causes it?

The cause of it is unknown but like any growths they can develop in people who lead healthy lifestyles. There is no evidence that the growth can be passed through families. It is not inherited.

Signs and symptoms

Most low grade mucinous neoplasms are found unexpectedly when patients have had their appendix removed for appendicitis.

How is it diagnosed?

Patients can often present with appendicitis and need to have their appendix removed. Others have discomfort and are investigated with an ultrasound or CT scan and the appendix can appear enlarged (this is called a mucocele).

What does this mean for you?

Your case has been carefully reviewed by our specialist team. Being diagnosed with a LAMN I means the growth has remained inside your appendix.

We reviewed all available information about these types of lesions, and we are sure that:

- the risk of this condition causing you problems in the future is extremely low
- no further treatment is needed
- no ongoing follow-up appointments or scans are required

This means you can return to your usual activities without any additional monitoring for this condition.

If there is evidence that the appendix has burst or leaked its contents into the abdomen, the lesion becomes a LAMN II, and this does require a different approach with potentially other operations and treatments.

The colorectal and peritoneal oncology centre

The colorectal and peritoneal oncology centre has an international reputation for treating advanced and early colorectal cancer, appendix tumours, peritoneal tumour, anal cancer and tumours within the pelvis.



The service will provide:

- ongoing advice and support for patients, their partners and families
- information and advice about treatment and treatment options
- a point of contact should problems arise
- a link with other health care professionals involved in your care
- referral to specialist services

Who can contact us?

Any healthcare professional who needs information and advice. Any patient who would like referring can contact the service themselves or by referral from another healthcare professional. We are happy to speak to partners, friends and family, providing the patient has given consent.

If you know the name of your consultant, please contact their secretary directly:

Contacts

Consultant:	Phone number:
Professor A G Renehan	0161 918 2189
Mr C R Selvasekar	0161 918 2310
Professor O Aziz	0161 918 2057
Mr H W Clouston	0161 918 2391
Mr J Wild	0161 918 7352
Mr R Fish	0161 918 2391
Mr P Sutton	0161 446 3366
Miss L Martin Roman	0161 918 2310
Miss R Clifford	0161 446 3366

Further information

For information about the colorectal and peritoneal oncology centre, visit www.christie.nhs.uk/cpoc.

The Christie cancer information centres

The cancer information centres provide information and support on all aspects of cancer via a drop-in service face-to-face, over the telephone or via email. We can also signpost to other services or refer on to other professionals or voluntary organisations. We provide emotional, a listening ear and practical information to anyone affected by cancer, including relatives, carers and friends, in a relaxed and confidential environment. We also provide a hair loss support service as well as access to the wig service.

Opening hours vary depending on location so please check with the centres in advance if you are making a special journey to see us:

Main site in Withington: Telephone **0161 446 8439**; email the-christie.informationcentre@nhs.net

Salford: Telephone **0161 918 7804**; email salfordcancerinfo@srft.nhs.uk

Oldham: Telephone **0161 918 7745**

Macclesfield: Telephone **01625 663128/663129**

Maggie's

Maggie's can support you with hair loss by helping you consider the practicalities as well as the emotional impact. You can call into Maggie's Monday to Friday, 9am to 5pm to speak with their professional team. Maggie's provide expert care and support to everyone with cancer and those who love them. Contact Maggie's on **0161 641 4848** or email manchester@maggies.org. The centre is located across the road from The Christie at 15 Kinnaird Road, Manchester M20 4QL.

Macmillan Cancer Support

This is a national charity which runs a cancer information service and offers confidential support to people living with cancer and their loved ones.

Cancer support service freephone: **0808 808 000** (8am to 8pm, 7 days a week). Call back service available.

Macmillan Cancer Support publish booklets which are free and available on their website www.macmillan.org.uk.

If you need information in a different format, such as easy read, large print, BSL, braille, email, SMS text or other communication support, please tell your ward or clinic nurse.

The Christie is committed to producing high quality, evidence based information for patients. Our patient information adheres to the principles and quality statements of the Information Standard. If you would like to have details about the sources used please contact **the-christie.patient.information@nhs.net**

For information and advice visit the cancer information centres at Withington, Oldham, Salford or Macclesfield. Opening times can vary, please check before making a special journey.



Contact The Christie Hotline for
urgent support and specialist advice
The Christie Hotline: 0161 446 3658
Open 24 hours a day, 7 days a week