# Maggie's centre Oldham

The Sir Norman Stoller Building, The Royal Oldham Hospital Rochdale Road, Oldham OL1 2JH Contact Maggie's on **0161 989 0550** or email **oldham@maggies.org** 

The centre provides a full programme of practical and emotional support including psychological support, benefits advice, nutrition and head care workshops, relaxation and stress management.

If you need information in a different format, such as easy read, large print, BSL, braille, email, SMS text or other communication support, please tell your ward or clinic nurse.

The Christie is committed to producing high quality, evidence based information for patients. Our patient information adheres to the principles and quality statements of the Information Standard. If you would like to have details about the sources used please contact **the-christie.patient.information@nhs.net** 

For information and advice visit the cancer information centres at Withington, Oldham, Salford or Macclesfield. Opening times can vary, please check before making a special journey.

Contact The Christie Hotline for urgent support and specialist advice

The Christie Hotline: 0161 446 3658 Open 24 hours a day, 7 days a week



# Prostate follow-up at The Christie at Oldham

Your first follow-up appointment after prostate cancer treatment will be delivered at The Christie at Oldham.

The clinic is staffed by specialist Christie nurses who have expertise in managing prostate cancer patients. At the appointment you will have an opportunity to discuss any concerns regarding your prostate cancer, blood test results and treatment side effects. For most patients long term follow up will be regular PSA blood tests with a reminder and results service. There is open access to the specialist nursing team for advice and support and no requirement for regular face to face or telephone appointments.

If at any point it is felt that you need to see a consultant urologist or specialist cancer doctor then you will have rapid access back into their clinic.

You need to have an up-to-date prostate-specific antigen (PSA) blood test performed **before** you get to the clinic so we have the results to hand on the day and we can then discuss them with you. **You need to make arrangements with your own GP practice for this blood test to be carried out 1-2 weeks before your appointment date. Please bring a copy of the PSA result with you.** 



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# Travelling to The Christie at Oldham

The Christie at Oldham
The Royal Oldham Hospital
Rochdale Road
Oldham OL1 2JH
Tel **0161 918 7700** 

For directions, visit **www.christie.nhs.uk** - Visiting The Christie - Our treatment centres - The Christie at Oldham

### Car parking and disabled parking

The Christie at Oldham has its own designated car park at the side of the building. This is free of charge for patients attending for these follow up appointments and is accessed by a security code.

You can obtain the code by calling **0161 918 7700** ahead of your appointment or ask at the reception desk and the staff will help you.

If there is no space in the designated car park, you will need to use one of the main hospital car parks. In this event, a pay and display ticket must be purchased and clearly displayed. Payment can also be made using the PayByPhone app on your mobile phone. Penalty fines are in operation and are strictly adhered to. The car parks can be busy, so please allow time to look for a space.

Oncology patients may be entitled to free parking at Northern Care Alliance (NCA) hospital sites, dependent upon eligibility. Please contact the Macmillan information centre on **0161 918 7745** to receive further information on free parking at NCA hospitals. Please note this must be arranged in advance.

If you have difficulty walking, there is a drop-off area close to The Christie at Oldham. Disabled parking is available near the main hospital entrance. Please display your blue badge. If you need assistance getting out of your vehicle, please ask the support staff on The Christie at Oldham reception for help on **0161 918 7700**.

# Public transport

There is a bus stop outside the hospital entrance served by a number of bus routes. Details of all services are available from Transport for Greater Manchester (www.tfgm.com) or from Traveline (0871 200 2233).

#### Hospital transport

Ambulance transport can be arranged subject to eligibility criteria based on medical need. There also needs to be a medical need for you to bring an escort with you on hospital transport. Patients attending The Christie at Oldham can contact **0161 918 7700** for advice about transport and bookings.

If you are unable to make your appointment or you have any other queries about your clinic visit, please contact the Macmillan urology secretary at The Christie on 0161 446 8238.

#### When you arrive

Go straight to the The Christie at Oldham main entrance (there is no access via the main hospital). Please book in at reception. The staff will check your details, explain what happens on your visit and direct you to the appropriate area.

#### The Macmillan cancer information centre

The information centre is run in partnership with Macmillan cancer support. It is staffed by a cancer information specialist. There is a wide range of free booklets available on all aspects of cancer.

The centre also offers free confidential advice for anyone affected by cancer on any cancer-related issues including:

- information, advice and emotional support
- benefits and welfare advice
- side effects and supportive care
- counselling and support groups