

0161 446 3658

HOTLINE

CHRISTIE IMMUNOTHERAPY

NHS Foundation Trust

The Christie



## URGENT – ALERT

**You must contact The Christie Hotline immediately if you experience any of the following:**

- diarrhoea or blood or mucus in stool  
– more than 3 episodes in a 24 hour period
- cough/acute shortness of breath  
– developed over a few days
- extreme tiredness alongside dizziness
- loss of limb movement

## URGENT ADVICE FOR CLINICIANS

This patient is at risk of immunotherapy induced autoimmune side effects and may require treatment with corticosteroids.

These may include: diarrhoea and colitis, hypophysitis and thyroid dysfunction, hepatotoxicity, neuropathy, pneumonitis, renal toxicities and skin rashes.

Please contact The Christie Hotline on **0161 446 3658** for further advice.

The Christie Patient Information Service  
CHR/CT/1156/19.05.16 Version 2

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## I AM A CHRISTIE PATIENT ON IMMUNOTHERAPY

Name:.....

Hospital no: .....

Consultant: .....

My treatment: .....

**If you feel unwell, do not delay, call The Christie Hotline immediately on 0161 446 3658**

# PLEASE TELL YOUR DOCTOR OR NURSE IN CLINIC IF YOU EXPERIENCE ANY OF THE FOLLOWING:

## General:

- I feel more tired or confused
  - I feel colder than normal
  - I have a fever
  - I have lost or gained weight
  - I have noticed a change in my behaviour
  - I have been feeling anxious or irritable
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## Mouth and head:

- I am thirstier than usual
- I have a dry mouth
- I feel faint or dizzy
- I have headaches that will not go away or are unusual for me

## Throat and chest:

- I have developed a new or worse cough
  - My voice is getting deeper
  - I feel more short of breath
  - I have chest pain
  - I have noticed a rapid heartbeat
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## Skin and hair:

- I have noticed a yellowing of my skin
- I have developed a rash or my skin is itchy
- I am bleeding or bruising more easily than normal

## Stomach and bowels:

- I feel less hungry than usual
  - I have been nauseous and/or vomiting
  - I am constipated
  - I have diarrhoea or more bowel movements than usual
  - My stools have blood or mucus in them or are black, tarry and sticky
  - My stomach area feels sore or tender
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## Muscles, joints and legs:

- My muscles ache
- I have severe or persistent muscle or joint pains, or severe muscle weakness

## Eyes:

- My eyesight has changed
- I have double vision
- I have noticed a yellowing of my eyes

## Urine:

- The amount and colour of my urine has changed
- My urine is dark