



Guide to Searching UpToDate



There are two ways to access UpToDate:

- By using the link on the Kostoris Library intranet pages
[Click here to go to UpToDate](#) (internal link)
- Using the external link, found on the Kostoris Library internet page and UpToDate's website (this method requires an OpenAthens username)
[Click here to go to UpToDate](#) (external link)

Access from the library intranet:

From the [Kostoris Library homepage](#), click on the icon or hyperlink.

Library Opening Hours:
Monday to Friday: 9.00am to 5.30pm
CLOSED: Saturday, Sunday and Bank Holidays
A book return box is available outside the library for out of hours book returns.

Clinical Key
Use your OpenAthens password to access Elsevier's medical journal collection and books in the **Clinical Key** database [here](#)

UpToDate
UpToDate now available on and off site. Find more information [here](#)

Electronic Books
The Kostoris Library has access to thousands of quality titles in various medical specialities, nursing and allied health topics. Including subjects such as pain management prostate cancer, colorectal cancer, urology, endocrinology and imaging.
[Details of all our eBook collections can be found on our eBooks web pages](#)

This will authenticate you automatically and take you to the UpToDate search page.

UpToDate® Languages Help

Welcome, The Christie NHS Foundation Trust Log in

Contents Patient Info What's New PCUs Calculators Drug Interactions

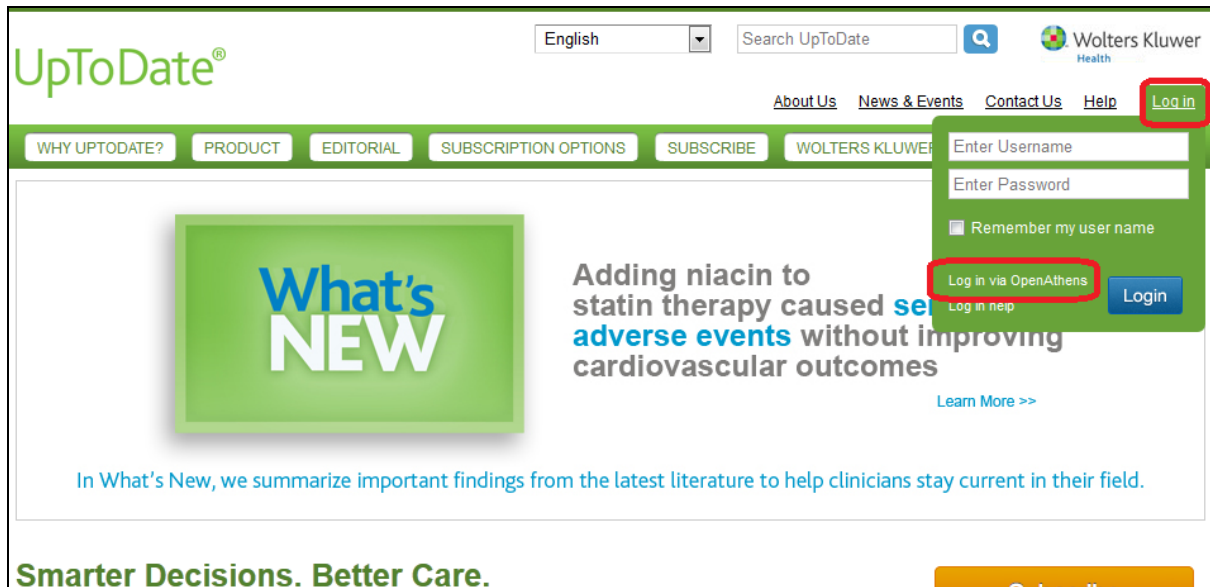
New Search: Search in [another language](#)

All Topics

Access offsite:

Go to the [UpToDate homepage](#), click on *Log in*, in the top-right corner and then *Log in via OpenAthens* from the menu that appears

NB: the username and password fields that appear are only for individual subscribers of UpToDate.



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WHY UPTODATE? PRODUCT EDITORIAL SUBSCRIPTION OPTIONS SUBSCRIBE WOLTERS KLUWER

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Enter Password
 Remember my user name
Log in via OpenAthens
Log in help Login

What's NEW

Adding niacin to statin therapy caused severe adverse events without improving cardiovascular outcomes

Learn More >>

In What's New, we summarize important findings from the latest literature to help clinicians stay current in their field.

Smarter Decisions. Better Care.

Authentication Point

OpenAthens username:

OpenAthens password:

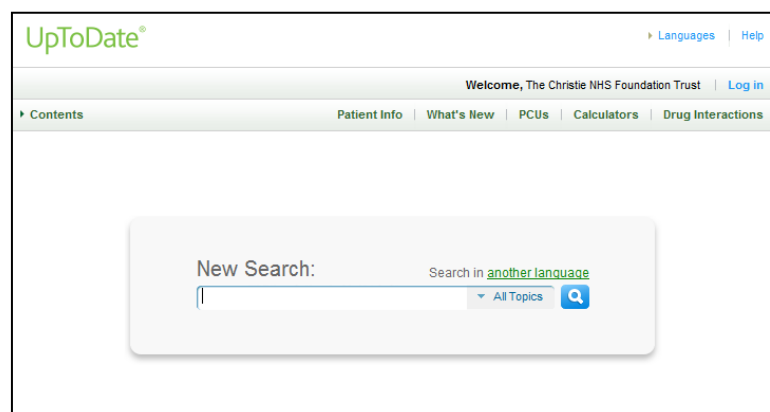
Login »

[Forgotten password?](#)
[Alternative login](#) | [Login help](#)

Enter your OpenAthens username and password when you get to the OpenAthens authentication point.

NB: If you have never logged into UpToDate this way you will be asked to register your details. However there is a *Skip this Step* option below the form if you do not want to.

You will then be taken to the UpToDate search page



UpToDate® Languages Help

Welcome, The Christie NHS Foundation Trust Log in

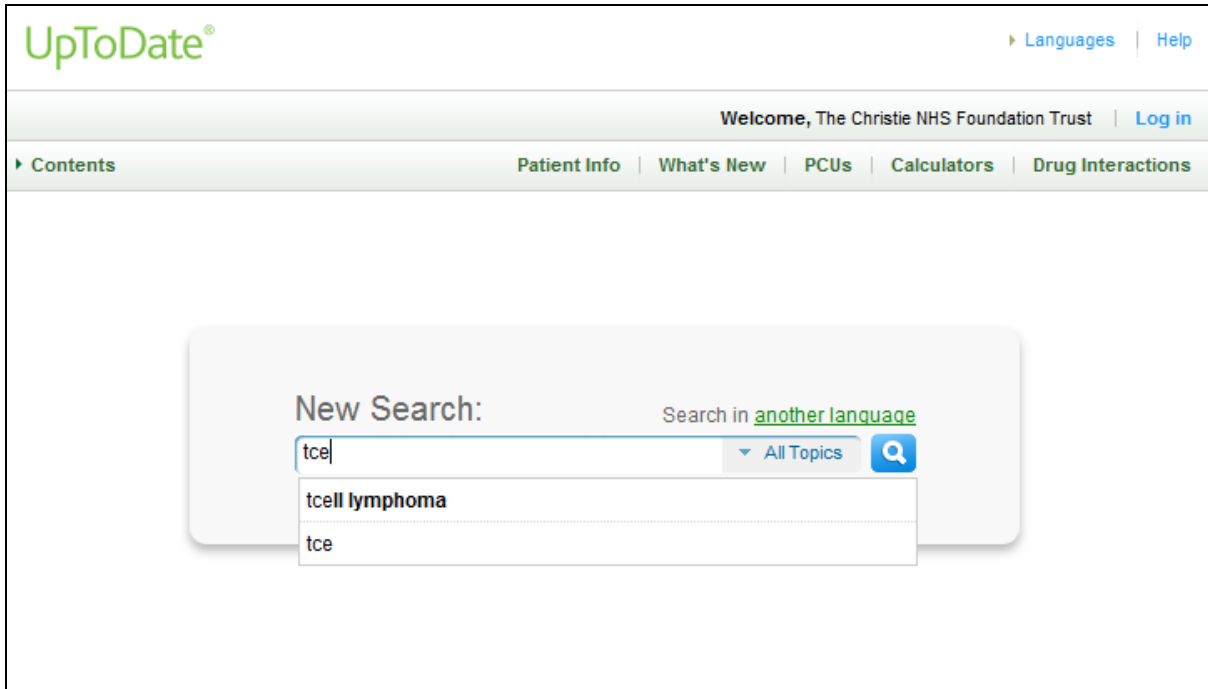
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All Topics

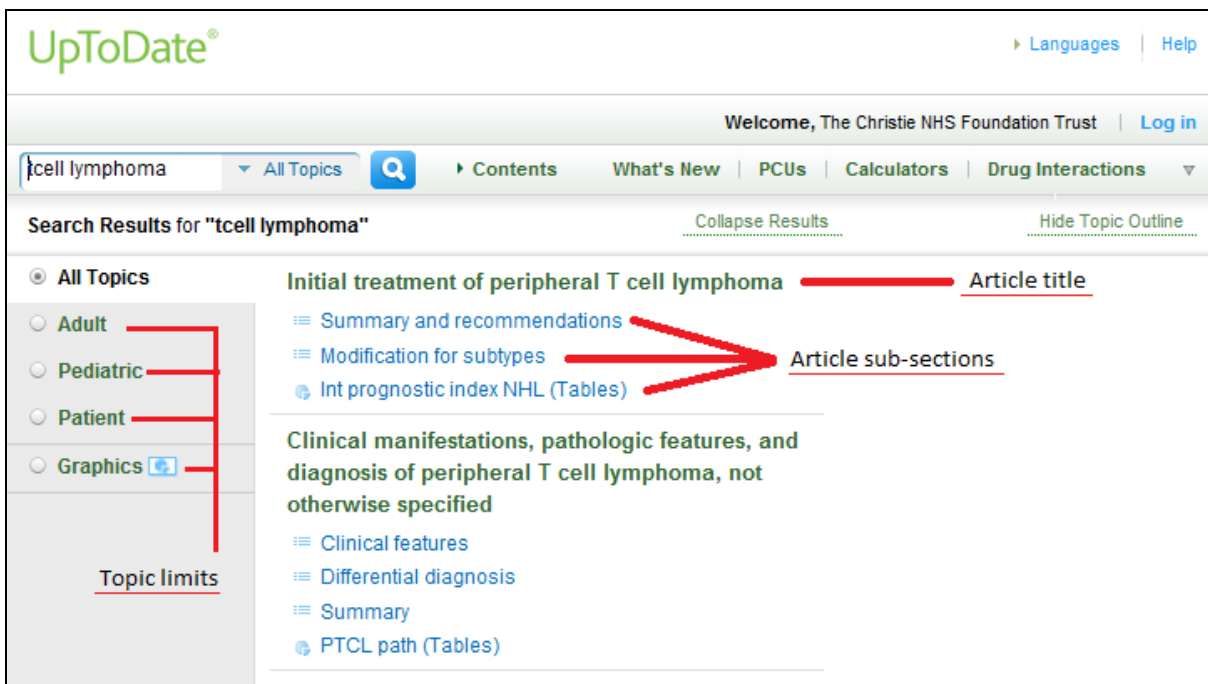
Searching UpToDate:

Searching UpToDate is very easy, simply start typing in the search box. UpToDate will suggest topics as you type:



You will then be taken to the results page. You will see a number of article titles, with links to specific sub-sections of the article below.

The menu on the left allows you to limit by topic



Viewing articles:

Clicking on an article title will take you to the article itself.

You can jump to specific sections by using the *Topic Outline* menu on the left.

NB: Unfortunately there is no official way to download UpToDate articles. However, you can use the *Print* and *Email* options in the top-left corner of the article. With those you can either email the article to yourself, or use a pdf printer

The screenshot shows the UpToDate interface for the article 'Initial treatment of peripheral T cell lymphoma'. The left sidebar contains a 'Topic Outline' menu with sections like 'SUMMARY & RECOMMENDATIONS', 'INTRODUCTION', 'PRETREATMENT EVALUATION', 'OVERVIEW OF TREATMENT', 'INDUCTION THERAPY', 'CONSOLIDATION THERAPY', and 'MODIFICATION FOR SUBTYPES'. The main content area displays the article title, authors (Eric Jacobsen, MD, Arnold S Freedman, MD), section editor (Andrew Lister, MD, FRCP, FRCPath), and deputy editor (Rebecca F Connor, MD). A disclosure box lists conflicts of interest for the authors. Below this, it states 'Literature review current through: Jul 2014. | This topic last updated: May 06, 2014.' The 'INTRODUCTION' section begins with 'The peripheral T cell lymphomas (PTCL) are a heterogeneous group of generally aggressive neoplasms that constitute less than 15 percent of all non-Hodgkin lymphomas (NHLs) in adults. Among these, in decreasing frequency of occurrence, are:' followed by a bulleted list of lymphoma subtypes: Peripheral T cell lymphoma, not otherwise specified (PTCL, NOS); Anaplastic large cell lymphoma, primary systemic type (ALCL); Angioimmunoblastic T cell lymphoma (AITL); Extranodal NK/T cell lymphoma, nasal type; and Adult T cell leukemia/lymphoma.

All articles have full bibliographies. UpToDate integrates with our collection, so you can easily see if we have access to references that were used. To do this, click on the link in the *Reference* section.

The screenshot shows the 'REFERENCES' section of the article. The first reference is highlighted with a red box: '1. Cheson BD, Pfistner B, Juweid ME, et al. Revised response criteria for malignant lymphoma. J Clin Oncol 2007; 25:579.'

The screenshot shows the Medline abstract for the first reference. A red box highlights the 'Check Library Holdings' button. The abstract title is 'Medline ® Abstract for Reference 1 of 'Initial treatment of peripheral T cell lymphoma''. The abstract text includes: 'PURPOSE: Standardized response criteria are needed to interpret and compare clinical trials and for approval of new therapeutic agents by regulatory agencies. METHODS: The International Working Group response criteria (Cheson et al, J Clin Oncol 17:1244, 1999) were widely adopted, but required reassessment because of identified limitations and the increased use of [18F]fluorodeoxyglucose-positron emission tomography (PET), immunohistochemistry (IHC), and flow cytometry. The International Harmonization Project was convened to provide updated recommendations. RESULTS: New guidelines are presented incorporating PET, IHC, and flow cytometry for definitions of response in non-Hodgkin's and Hodgkin's lymphoma. Standardized definitions of end points are provided. CONCLUSION: We hope that these guidelines will be adopted widely by study groups, pharmaceutical and biotechnology companies, and regulatory agencies to facilitate the development of new and more effective therapies to improve the outcome of patients with lymphoma. AD Division of Hematology/Oncology, Georgetown University Hospital, Washington, DC, USA. bd4@georgetown.edu PMID17242396'

This will take you to the MEDLINE record view. Clicking on *Check Library Holdings* will tell you if we have access

The screenshot shows the MEDLINE record view for the first reference. It displays the title 'Revised response criteria for malignant lymphoma.' and the journal 'Journal of Clinical Oncology'. A red box highlights the text 'Full text availability for this item'. Below this, there are two options to 'View Full Text': one for 'MEDLINE Complete' (coverage: 1983-01-01-present) and one for 'American Society of Clinical Oncology' (coverage: 1983-present). Each option includes a 'Report a problem accessing this item.' link.

If we have access you will be told *Full text availability for this item*

Additional resources:

UpToDate have a collection of video tutorials to help you use it. It can be found here:

<http://www.uptodate.com/home/help-faq-using-utd>

UpToDate can also be access using in the Christie Clinical Portal. For more information about this please consult the following document:

<http://discover/departments/library/Guides/UpToDateClinicalPortal.pdf>

If you have any other questions about UpToDate please contact the library:

library@christie.nhs.uk or phone: 0161 446 3455