

Radiology department **Bladder filling protocol**

You have been given this information sheet because your treatment requires you to follow our bladder filling protocol. This is used to ensure your bladder is the same size throughout your treatment. Please follow these instructions carefully:

Start drinking your 2 cups of water at: _____

Please drink your 2 cups of water within 10 – 15 minutes, and then empty your bladder.

Wait 30 minutes to ensure you have emptied your bladder before drinking the next cups of water.

Start drinking a further 2 cups of water at: _____

Please drink your next 2 cups of water within 10 – 15 minutes. You will then need to wait approximately 30 minutes. Your treatment radiographers will have been informed of when you'll complete the drinking protocol and you will be brought in for your treatment.

Please DO NOT empty your bladder during this time or you will have to start the drinking protocol again.

If this happens please inform a member of staff.

Treatment time: _____



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If you need information in a different format, such as easy read, large print, BSL, braille, email, SMS text or other communication support, please tell your ward or clinic nurse.

The Christie is committed to producing high quality, evidence based information for patients. Our patient information adheres to the principles and quality statements of the Information Standard. If you would like to have details about the sources used please contact **the-christie.patient.information@nhs.net**

For information and advice visit the cancer information centres at Withington, Oldham or Salford. Opening times can vary, please check before making a special journey.

Contact The Christie Hotline for urgent support and specialist advice
The Christie Hotline: 0161 446 3658
Open 24 hours a day, 7 days a week

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