### The adjuvant HER2 therapy team

Barbara Corke, advanced practitioner Kerry Chidlow, advanced practitioner Jo Hepburn, clinical nurse specialist (breast) Diane Morrissey, breast care nurse

Adjuvant HER2 Therapy team Telephone: 0161 446 8001

Su Paterson, Adjuvant HER2 team PA - **0161 956 1178** Tuesday 8:00am - 5:00pm Thursday 8:00am - 5:00pm Friday 8:00am - 4:30pm

If there is no answer, please leave a message and we will call you back, although this may not always be the same day.

If you need information in a different format, such as easy read, large print, BSL, braille, email, SMS text or other communication support, please tell your ward or clinic nurse.

The Christie is committed to producing high quality, evidence based information for patients. Our patient information adheres to the principles and quality statements of the Information Standard. If you would like to have details about the sources used please contact **the-christie.patient.information@nhs.net** 

For information and advice visit the cancer information centres at Withington, Oldham, Salford or Macclesfield. Opening times can vary, please check before making a special journey.

Contact The Christie Hotline for urgent support and specialist advice

The Christie Hotline: 0161 446 3658 Open 24 hours a day, 7 days a week



# Nurse led adjuvant HER2 therapy team

HER2 is a protein (receptor) found in all human cells. It is involved in cell growth and repair. When a cell has too much protein on the surface this encourages the cancer cells to grow and divide, this is referred to as a HER2 positive cancer.

There are specific treatments that target HER2 positive cancers. They lock onto the HER2 and stop the cells dividing and growing.



### About the nurse led adjuvant HER2 therapy team

This is a nurse led service with specialised knowledge and skills in the care and support of patients receiving treatment with HER2 therapies such as trastuzumab, pertuzumab, Phesgo or Kadcyla.

The team will co-ordinate your treatments and request appropriate echocardiograms/MUGA (heart scans). During your treatments, you will have scheduled reviews by telephone or at clinic. We work closely with other members of the multi-disciplinary team including your surgical, radiotherapy, oncology and breast care nurse teams.

We are able to provide specialised support including information about treatment and your treatment pathway, advice and management of side-effects of HER2 therapies, chemotherapy, radiotherapy and hormone therapy and referral to other specialist services, such as complementary therapy, counselling etc.

## Treatment location options

Treatment is administered in a variety of locations. If you are receiving your HER2 treatment as a subcutaneous injection, it may be possible to have treatment at home.

Unfortunately, intravenous HER2 therapy is not available at home but can be given at Christie Outreach locations, closer to home.

### The Christie at Home service

The Christie at Home service is run by our Christie Systemic Anti Cancer Therapies (SACT) trained nurses to ensure standards of care are consistent with our main site.

The service is operational Monday to Friday across Greater Manchester and Cheshire. The treatment day will depend on the area you live in.

By receiving your treatment in your own home you are not having to travel to the main Christie site for your treatment. This helps your experience as a patient with us.

#### The SACT Outreach service

The SACT Outreach service is run by our Christie SACT trained nurses to ensure that standards of care and safety are consistent with our main site.

The service is operational Monday to Friday across Greater Manchester and Cheshire.

By receiving your treatment closer to home you are not having to travel to the main Christie site for your treatment. This helps your experience as a patient with us. Ask for a copy of the leaflet 'Location of SACT Outreach services' which contains the most up to date information about clinic locations and times.

## Additional support and contact numbers

#### Cancer information centres

The Christie at Withington: 0161 446 8100 The Christie at Oldham: 0161 918 7745 The Christie at Salford: 0161 918 7804

### Maggie's centres

The centres provide a full programme of practical and emotional support, including psychological support, benefits advice, nutrition and head care workshops, relaxation and stress management.

Maggie's Manchester: 0161 641 4848 or email manchester@maggiescentres.org

Maggie's Oldham 0161 989 0550 or email oldham@maggiescentres.org

Breast Cancer Now 0808 800 6000 www.breastcancernow.org

Macmillan Cancer Support

Freephone: 0808 808 0000 www.macmillan.org.uk