

Medical oncology department

The Complex and Recurrent Gynaecological Oncology Service - CAREGO

Who is the service for?

The CAREGO service supports women with gynaecological cancers that are at an advanced stage. You may be referred to The CAREGO team for specialist support with managing your disease. We can help you at any time before, during or after anti-cancer treatment.

What we offer:

Our aim is to manage your treatment proactively, take care of your symptoms and concerns and ensure that you are cared for at home as much as possible. We will help to coordinate your in-hospital care and community services. Our team will meet you on the wards if you are at The Christie. The service has regular outpatient clinics to facilitate rapid access to assessment and specialist support to manage symptoms and minimise the need for admission to hospital.

If you need information in a different format, such as easy read, large print, BSL, braille, email, SMS text or other communication support, please tell your ward or clinic nurse.

The Christie is committed to producing high quality, evidence based information for patients. Our patient information adheres to the principles and quality statements of the Information Standard. If you would like to have details about the sources used please contact **the-christie.patient.information@nhs.net**

For information and advice visit the cancer information centres at Withington, Oldham or Salford. Opening times can vary, please check before making a special journey.

Contact The Christie Hotline for urgent support and specialist advice
The Christie Hotline: 0161 446 3658
Open 24 hours a day, 7 days a week



How we can support you

Women with advanced gynaecological cancers often experience problems which may include fatigue, bowel dysfunction (nausea, constipation, diarrhoea, early fullness, bloating), fluid in the abdomen (called ascites), pain and emotional distress. Many women will need treatment for these problems requiring medications, procedures and hospital appointments. This can be tiring and time-consuming. CAREGO can help coordinate your care to ensure that you have access to the right treatment in the setting that is most appropriate for your needs.

You can contact our clinical coordinator who will ensure you speak to the right member of our team to address your concerns in a timely manner.

Meet the team:

Dr Zena Salih - consultant medical oncologist

Responsible for your management and treatment planning.

Rebecca Wight - inpatient advanced nurse practitioner

Coordinates your care whilst in hospital to ensure you are able to go home as soon as possible.

Julia Pugh - outpatient advanced nurse practitioner

Runs regular outpatient clinics to assess your symptoms and quickly address concerns.

Sarah Wood - clinical coordinator

Sarah is the single point of contact for patients and their family or carers and will coordinate access to care in hospital and in your community.

Working together

The CAREGO team works closely with the multidisciplinary team (MDT) in the hospital including:

- Gynaecological medical oncology team (Professor Jayson, Dr Clamp, Dr Hasan and Dr Mitchell)
- Clinical nurse specialists
- Supportive care team
- Nutrition and dietetics team
- Intervention and procedures (IPU) team
- Complex discharge team

We also work with your community-based teams and if you are at another hospital, we will coordinate with them to ensure we support you.

How to contact us

Rebecca Wight (inpatient ANP) - **0161 956 1374**

Julia Pugh (outpatient ANP) - **0161 956 1522**

Sarah Wood (care coordinator) - **0161 956 1520**

Team mobile: **07977 968924**

Team email: **the-christie.carego@nhs.net**

If you are unwell please call The Christie Hotline 24 hours a day on **0161 446 3658**

Other useful contacts:

Gynaecology medical oncology clinical nurse specialists - **0161 446 8517**

Cancer information Centre (department 3) - **0161 446 8100**

Macmillan - **0808 808 0000**

Maggies Manchester - **0161 641 4848**

Ovacome - **0808 008 7054**

Target Ovarian - **0202 7923 5470**