The centre provides a full programme of practical and emotional support including psychological support, benefits advice, nutrition and headcare workshops, relaxation and stress management.

If you need information in a different format, such as easy read, large print, BSL, braille, email, SMS text or other communication support, please tell your ward or clinic nurse.

The Christie is committed to producing high quality, evidence based information for patients. Our patient information adheres to the principles and quality statements of the Information Standard. If you would like to have details about the sources used please contact patient.information@christie.nhs.uk

For information and advice visit the cancer information centres at Withington, Oldham or Salford. Opening times can vary, please check before making a special journey.

Contact The Christie Hotline for urgent support and specialist advice
The Christie Hotline: 0161 446 3658
Open 24 hours a day, 7 days a week

Prostate follow-up at The Christie at Oldham

Your after-care appointments following prostate cancer treatment will be delivered at The Christie at Oldham.

The clinic is staffed by specialist Christie nurses who have expertise in managing prostate cancer patients. At the appointment you will have an opportunity to discuss any concerns regarding your prostate cancer, blood test results and treatment side effects. When possible, you will be able to see the same specialist nurse at each clinic visit to help with good continuity of care. If at any point it is felt that you need to see a consultant urologist or specialist cancer doctor then you will have rapid access back into their clinic.

It is useful to have an up-to-date prostate-specific antigen (PSA) blood test performed before you get to the clinic so we have the results to hand on the day and we can then discuss them with you. You need to make arrangements with your own GP practice for this blood test to be carried out 1 to 2 weeks before your appointment date. Please bring a copy of the PSA result with you.

Your next Christie appointment will be at The Christie at Oldham. On arrival at the centre, please book in at the main reception and the clinic staff will call you through. Your appointment should last no longer than 20 minutes.
**Travelling to The Christie at Oldham**

The Christie at Oldham
The Royal Oldham Hospital
Rochdale Road
Oldham OL1 2JH
Tel 0161 918 7700

For directions, visit [www.pat.nhs.uk](http://www.pat.nhs.uk) and click on The Royal Oldham Hospital

**Car parking and disabled parking**
You will not be able to park in The Christie at Oldham designated car park. This is only for patients who are currently having radiotherapy.

You will need to use one of the main hospital car parks nearby. A pay and display ticket must be purchased and clearly displayed.

Cancer patients may be entitled to free parking at this site dependent on eligibility. Please contact the Macmillan information officer on 0161 918 7745 to receive further information on free parking at Pennine Hospitals. **Please note this must be arranged in advance.**

If you have difficulty walking, there is a drop-off area close to The Christie at Oldham. Disabled parking is available near the main hospital entrance. Please display your blue badge. If you need assistance getting out of your vehicle, please ask the support staff on The Christie at Oldham reception for help on 0161 918 7700.

**Public transport**
There is a bus stop outside the hospital entrance served by a number of bus routes. Details of all services are available from Transport for Greater Manchester ([www.tfgm.com](http://www.tfgm.com)) or from Traveline (0871 200 2233).

**Hospital transport**
Ambulance transport can be arranged subject to eligibility criteria based on medical need. There also needs to be a medical need for you to bring an escort with you on hospital transport. Patients attending The Christie at Oldham can contact 0161 918 7700 for advice about transport and bookings.

If you are unable to make your appointment or you have any other queries about your clinic visit, please contact the Macmillan urology secretary at The Christie on 0161 446 8238.

**When you arrive**
Go straight to the The Christie at Oldham main entrance (there is no access via the main hospital). Please book in at reception. The staff will check your details, explain what happens on your visit and direct you to the appropriate area.

**The Macmillan cancer information centre**
The information centre is run in partnership with Macmillan cancer support. It is staffed by a cancer information specialist. There is a wide range of free booklets available on all aspects of cancer.

The centre also offers free confidential advice for anyone affected by cancer on any cancer-related issues including:
- information, advice and emotional support
- benefits and welfare advice
- side effects and supportive care
- counselling and support groups
- complementary therapy

If you would like any further information, please contact the information manager on 0161 918 7745 before your visit.