My Radiotherapy Journey
This book belongs to

............................................................................................................

Draw a picture of yourself

............................................................................................................

My birthday is .................................................................
and I am ........... years old!

My 3 favourite things are...
1 ............................................................................................................
2 ............................................................................................................
3 ............................................................................................................
Hello,
Come and see what happens when you come to The Christie for radiotherapy.
Our centre has play areas with toys, games and fun things to do. There is a team of health play specialists who can help you understand your treatment and will make sure you have lots of fun while you’re here.
Your first day

On your first day you will meet your team and consultant.

A consultant is a senior doctor who is in charge of your treatment. They plan your radiotherapy treatment and spend time with you and your family, learning all about you. You will also meet these people:

Your key worker
Nurses
The anaesthetic team (look for their blue pyjamas!)
Health play specialists
There are a few things you will need to do each day. Let’s see what they are....
A few things you need to have done before your radiotherapy...

These are some of the checks we will be doing...
Temperature

Blood pressure

Pulse and oxygen numbers

Line or port
Before you have your radiotherapy, you will meet a doctor called an anaesthetist.

Anaesthetists are doctors that look after children and help them to have a sleep for their radiotherapy.

Your anaesthetist gives you the sleep medicine through your line or port and you will start to feel sleepy.

Your family will be with you.
I wonder what I will dream about?
When your treatment is finished, you will wake up.

You will hear the monitors making beeping sounds and the nurses will be there looking after you. You will also see your family and when you are wide awake you can go back to the recovery area.
You will be hungry and thirsty after your treatment and now you can have something to eat and drink... yummy!

**Can you draw your favourite food on the plate?**

You can also spend some time playing before you leave for the day.
Puzzle page
Can you find the right path to all 3 pictures?

Play room  Bamboo  Linac
Scrambled words!
Can you unscramble the words below?

Clue: A piece of equipment

I L A C N

Clue: A cuddly black and white animal

A P N A D

Clue: A place to play and have some fun!

O M R L Y P A O
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