

Patient guide to R-CODOX M

Day 1	<p>Rituximab</p> <p>Doxorubicin</p> <p>Cyclophosphamide</p> <p>Vincristine</p>	<p>Given as an infusion. The first dose is started slowly and can take a few hours. If no reactions subsequent infusion given over 60 mins.</p> <p>Given as injection (bolus) diluted through a saline drip over 5-10 mins.</p> <p>Given as bolus or infusion over 5-10 mins.</p> <p>Given as an infusion over 5-10 mins.</p>
Day 2 (or nearest Tuesday/Friday)	<p>Cyclophosphamide</p> <p>Intrathecal Cytarabine</p>	<p>Given as bolus or infusion over 5-10 mins.</p> <p>Injection into spinal fluid. Performed by specially trained doctor. Administered on the haematology day unit. All intrathecal injections will require platelet count of 50 or higher and normal clotting levels, these will be checked on the day.</p>
Days 3 and 4	Cyclophosphamide	Given as bolus or infusion over 5-10 mins.
Day 5 (or nearest Tuesday/Friday)	<p>Cyclophosphamide</p> <p>Intrathecal Cytarabine</p>	<p>Given as bolus or infusion over 5-10 mins.</p> <p>See day 2 for Intrathecal chemotherapy notes.</p>
Day 6 & 7	No chemotherapy	You may go home for these days if you are well and the blood count satisfactory.
Day 8	<p>Rituximab</p> <p>Vincristine</p>	<p>Given as an infusion over 60 mins (if no previous infusion reaction).</p> <p>Given as bolus over 5-10 mins.</p>
Day 9	No chemotherapy	You may go home for this day if you are well and the blood count satisfactory.
Day 10	I.V. Methotrexate	Given as an infusion for 1 hour, then followed by a 23 hour infusion. You will also have fluids running alongside the chemotherapy. Folinic acid rescue will be given, initially by injection then by mouth. Methotrexate blood levels will be checked at specific times.
Days 11 to 14	No chemotherapy	
Day 15 (or nearest Tuesday/Friday)	Intrathecal Methotrexate	See day 2 Intrathecal chemotherapy notes.
Day 16 until blood count recovery	No chemotherapy	Waiting for blood counts to recover before starting next cycle of chemotherapy.





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