Mental Health Masterclass

Wednesday 1st May 2019
Education Centre (Dept. 17), The Christie, Manchester, M20 4BX

Overview
Delegates will gain a broad understanding of common mental health disorders (including personality disorder) and how they may be managed. Sessions will help delegates to recognise undiagnosed or worsening pre-existing conditions.

Day outline
The morning will comprise of lecture-style sessions about common mental health conditions. The afternoon focusing on small group sessions with actors which will include suicide and prescribing medication (no roleplay involved) - the afternoon is for healthcare professionals only.

Topics covered
- Anxiety and depression
- Schizophrenia
- Dementia
- Personality disorder
- Substance abuse
- Bi-polar disorder
- Suicide
- Pharmacology in Mental Health

Intended Audience
Any Healthcare Professional who is not working in the area of mental health, but is working with patients who may present mental health conditions (un)diagnosed. This will be particularly suitable for Health Practitioners working at an advanced level of practice in a variety of non-mental health settings.

Further information
Visit www.christie.nhs.uk/soo-events
Fee £75 half a day (incl. lunch) / £125 full day
Register https://mental-health-masterclass.eventbrite.co.uk
Email education.events@christie.nhs.uk
Call 0161 918 7409
## Agenda

<table>
<thead>
<tr>
<th>Time</th>
<th>Session</th>
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<tbody>
<tr>
<td>8.30</td>
<td>Coffee and Registration</td>
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<tr>
<td>9.00</td>
<td>Chairpersons Welcome</td>
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<tr>
<td>9.10</td>
<td>Introduction to Depression Anita Ghosh, Consultant Psychiatrist, The Christie</td>
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<td>9.40</td>
<td>Introduction to Anxiety Anita Ghosh, Consultant Psychiatrist, The Christie</td>
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<td>10.10</td>
<td>Introduction to Psychological Therapies Anne Crook, Counsellor / Psychotherapist, The Christie</td>
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<td>10.40</td>
<td>Coffee Break</td>
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<tr>
<td>11.00</td>
<td>Managing patients with Bi-Polar and Schizophrenia (Psychoses)</td>
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<td>11.30</td>
<td>How we can support Dementia patients Lorraine Burgess, Macmillan Dementia Nurse Consultant, The Christie</td>
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<td>12.00</td>
<td>Recognising and supporting Personality Disorders within patients Dr Wakil Ahmed, Consultant Psychiatrist, Greater Manchester Mental Health Foundation Trust</td>
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<td>12.30</td>
<td>Lunch</td>
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| 13.30 | Clinical Stations
*Delegates will be assigned a group number. The sessions work on a 40 minute rotation so every delegate gets to do all 4 clinical stations.*

Taking a Mental Health History
How to make a referral
Patients at risk of suicide
Substance Misuse Michael Wood, Mental Health Practitioner, Salford Royal Mental Health Liaison Team |
| 16.30 | Close |