

Handcare

10.00am -1.00pm on alternate Fridays - drop in session held in the MCISC.

Boots beauty workshops

Town Square shopping centre, Oldham.

Contact the centre on **0161 918 7745** for further information.

Activity sessions

Links with 'Macmillan Active Manchester', local walking groups and Oldham, Rochdale and Bury exercise referral schemes. Contact **0161 918 7745**.

Please ring **0161 918 7745** before making a special trip to the information centre as opening times vary.

If you need information in a different format, such as easy read, large print, BSL, braille, email, SMS text or other communication support, please tell your ward or clinic nurse.

We try to ensure that all our information given to patients is accurate, balanced and based on the most up-to-date scientific evidence. If you would like to have details about the sources used please contact **patient.information@christie.nhs.uk**

For information and advice visit the cancer information centres at Withington, Oldham or Salford. Opening times can vary, please check before making a special journey.



Contact The Christie Hotline for
urgent support and specialist advice
The Christie Hotline: 0161 446 3658
Open 24 hours a day, 7 days a week

The Christie at Oldham

Services available through the Macmillan cancer information and support centre (MCISC) at The Christie at Oldham

The Macmillan cancer information and support centre is next to the café, at the side of reception in The Christie at Oldham. Please call in to ask any questions, to pick up information or just to have a chat. If there is no one available to talk to you or if you just want to leave a comment or ask a question - fill in a card and drop it in the white post box on the cupboard by the office door in the information centre. We will contact you to answer your questions.

Drop-in and telephone support service

Free confidential information and support is available to anyone affected by cancer. Offering time to listen, time to talk and time to make sense of it all. This includes information and advice about:

- Talking to children when an adult has cancer.
- Counselling and support groups.
- Community support.
- Coping with life after treatment, including information on exercise and walking groups.
- Travel insurance.

Information is available from The Christie, Macmillan and a wide range of charities and organisations to support you and your family through diagnosis, treatment and recovery. We also provide information about



screening, cancer awareness, and healthy living in a range of languages and formats including CDs and DVDs; easy-read booklets and books suitable for children.

Radiotherapy open evenings

We hold monthly open evenings for new patients and their families/carers, offering a tour of the department, a chance to meet some of the team and an opportunity to ask questions regarding the treatment process. Places can be booked in advance by calling **0161 918 7700**.

Wig service in the MCISC

If you are an NHS patient and your treatment causes you hair loss, you are entitled to a free wig. You can see a specialist wig fitter in the MCISC on alternate Mondays (by appointment). Contact the centre on **0161 918 7745** for your voucher for a free wig or further information, then Dimples on **0161 777 9610** for a wig fitting appointment. (Home visits are sometimes available for people living in the Oldham area). Scarves are available to buy whenever the centre is open.

Headscarves (scarves, hats and fringes) in the MCISC

Headstart is a service offered to patients who have hair loss as a result of treatment. It is non-profit making and sells headwear at cost price. We can show you how to tie and wear scarves and other headwear in flattering ways. Contact the centre on **0161 918 7745**.

Free parking

If you attend any appointments for cancer services at a Pennine hospital you can take advantage of the Macmillan/Penning free parking scheme. Call in to the information centre at The Christie at Oldham for more details, or contact The Macmillan information centre at North Manchester General Hospital on **0161 604 5244** to register your vehicle.

Benefits advice

Our advisers offer a benefits check to ensure you are aware of all the benefits you are able to claim. They will also advise on blue badge

applications and eligibility for Macmillan grants. Tuesdays 10.00am - 12.00pm and 12.30pm - 4.30pm on Thursdays. Contact the centre on **0161 918 7745** for an appointment.

Free prescriptions for cancer patients

Call in to the information centre for more information and to pick up a form.

Work or job advice and support

Available in the MCISC as required. Contact Stephen Wallwork on **0161 446 8498** or **07980 921215** for an appointment.

Employment law surgery

For telephone advice contact Gorvins solicitors on **0161 930 5117** or visit www.gorvins.com/freeemploymentadvice or the information centre on **0161 918 7745**.

Counselling

Referrals can be made from the information centre to a range of local counselling providers for anxiety, worry, stress, bereavement support, family and children's counselling services.

Support groups

We can provide information about local support groups who offer group meetings, information, peer support and social activities for anyone in the Pennine area affected by cancer.

Complementary therapy

Available in the complementary therapy rooms for patients and carers attending for **radiotherapy only**. Wednesday and Friday 10am to 4pm. Contact the support staff on **0161 918 7700** for an appointment. Non Christie patients can be referred for free treatment to local complementary therapy providers.