



# Colorectal Peritoneal Metastases Study Day - Blog

Monday 8th October 2018

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**Hello MDTs,**

Allow me to introduce myself; my name is Omer Aziz and I am a Colorectal Consultant and Laparoscopic Surgeon. I wanted to talk to you today about why attending our Colorectal Peritoneal Metastases Study Day is essential right now.

## **What is Colorectal Peritoneal Metastases about?**

Of all the sites of metastases from colorectal cancer, colorectal peritoneal metastases have the worst outcome.

We know a lot about liver and lung metastases through treatments that have existed for a long time (and the following research and literature studying the outcomes of these treatments). It's only over the past decade that we have really focused on colorectal peritoneal metastases.

Here at The Christie we are one of two national centres that treat patients with colorectal peritoneal metastases.

## **About the day**

To share our knowledge of this specialist subject we have created a study day for the MDT. Aimed at teams that make decisions around patients with colorectal peritoneal metastases - this includes the clinical nurse specialists, surgeons, oncologists and radiologists. Throughout the day we will cover aspects relating to all these disciplines to culminate a mock MDT team meeting. During this time the audience can participate alongside an expert panel and help to make decisions for some patients displaying the challenging symptoms of this illness.



Pictured above: **Omer Aziz**



Up until now, a lot of treatments have been palliative... now we can explore sending the patient down a potentially curative pathway"

#### Networking Opportunities:

This is the fourth study day we have held of this type and it is attended by clinicians from across the country and increasingly from across the world. This represents an excellent opportunity to; network in this community, share ideas and help define management pathways for this clinically challenging cancer.

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#### Days Aims:

This study day is designed to help MDT members understand what treatment options are available for patients. Up until now a lot of treatments up have been palliative - putting patients down a palliative pathway with access to the best chemotherapy. This study day introduces the MDT into the decision making around cytoreductive surgery with hypothermic interperitoneal chemotherapy and the outcomes that treatment has in terms of the prolongation of life. Not only this, but it also explores the prospect of sending the patient down a potentially curative pathway.

#### Why you should attend:

Deciding on management options for patients with colorectal peritoneal metastases can be extremely challenging for clinicians. This study day is designed to help clarify that decision making process but also to provide some clarity on a specialist unit that takes these referrals. We will provide you with information meaning you are completely clear about what will happen to your referral once you send that patient in, how they will be managed, what they will be told and how they will be followed up. We will also give you access to reference materials and our websites for helping in this process.

**Ultimately, we have the potential ability to treat these patients in a different way, to improve care in all aspects.**

Book your place here: <https://cpm1118.eventbrite.co.uk>

