

If you need information in a different format, such as easy read, large print, BSL, braille, email, SMS text or other communication support, please tell your ward or clinic nurse.



Welcome to Ward 11 (department 4)

For more information about The Christie and our services, please visit www.christie.nhs.uk or visit the cancer information centres at Withington, Oldham or Salford.

The Christie NHS Foundation Trust
Wilmslow Road
Withington
Manchester M20 4BX
Tel: 0161 446 3000
www.christie.nhs.uk

The Christie Patient Information Service
September 2017 - Review September 2020



About the ward

We can be found on the 3rd floor in department 4. The nearest entrance is the Oak Road main entrance. Toilets for visitors can be found in this area. Toilets on the ward are for patients only.

We have wifi so please feel free to bring tablets, but please remember your headphones.

We have limited side rooms on the ward therefore you may be moved into a bay dependent on the clinical needs of individuals, for example to prevent infection spreading.

Protected meal times

We have structured visiting times to help us provide the best care for our patients whilst they are in hospital. Mornings can be busy with doctors' rounds, our multi-disciplinary team meetings and patient washes.

During lunch and supper all non-urgent clinical activity stops so that the nurses, catering staff and carers can help to serve meals and assist patients who need help.

Why are protected mealtimes a good idea?

- They allow patients to eat their meals in a calm and relaxing environment without unnecessary interruption.
- They allow nursing staff to monitor and help patients to meet their nutritional needs.
- They improve and enhance the patients' experience of hospital food.

Pressure area care and fall prevention

Whilst you are in hospital and possibly have reduced mobility, we recommend you change your position regularly. Standing or walking will help your circulation and increase blood flow around your body. The nurse may ask to examine areas of skin. If you have previously had a pressure sore please inform your nurse.

Information and support

In department 3, the cancer information centre offers emotional support and practical information in a relaxed, confidential environment. Contact: **0161 446 8100**.

The wig room can be located in department 2 in the main entrance area. Here you will find trained wig fitters who will support you in your selection as well as help with fitting and styling of your wig.

Maggie's centre provides a full programme of practical and emotional support, including psychological support, benefits advice, nutrition and head care workshops, relaxation and stress management. Contact Maggie's on: **0161 641 4848** or email manchester@maggiescentres.org

Complementary therapies

This can be offered to reduce symptoms and relieve stress and anxiety. Therapies include massage, aromatherapy, acupuncture, hypnotherapy and reflexology, please ask the nurse to be referred.

Ward visiting times

Visiting times are: **2:00pm - 5:00pm** and **6:00pm - 8:00pm**. When you are visiting the wards, please respect the privacy and need for rest of other patients. For this reason, we also ask that there are no more than two visitors by the bedside at any one time.

Going home

Please ensure that you arrange for someone to collect you on discharge. Be aware that it is important that you wait for your take-home medications, which may take a couple of hours to process.

Contact numbers

Ward 11: **0161 446 3867** or **0161 446 3865**