



Integrative Therapies Diplomas

Overview

Packages of twelve study days designed for therapists wishing to explore a variety of approaches to providing complementary therapies in supportive and cancer care. Participants will enhance their skills in patient care and improve their confidence and knowledge in working with increasingly complex healthcare issues

Diploma Pathways Available

Adapting Complementary Therapies for Cancer Care
Creative and Therapeutic Approaches to Relaxation

Aromatherapy and Cancer Care
Adapting Reflexology for Cancer Care

Awarded by *The Christie School of Oncology Integrative Therapies Training Unit (ITTU)*

Diploma Fees

£1,020 (monthly payment options available)

Fees include 12 days of teaching, tutor support, assessment and The Christie Diploma

Further information

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Call	0161 446 8236
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Overview

These comprehensive practical programmes provide a flexible opportunity to gain a diploma in integrative therapies relevant to your professional needs

Each diploma is awarded by the Integrated Therapy Training Unit (ITTU) at The Christie School of Oncology who have a world class reputation gained through two decades of practical experience and evaluation



Delivery method

Our diplomas are a combination of 12 study days and 3 written assignments which must all be completed within the allotted timeframe in order to gain the award. The 12 study days are made up of a combination of core modules and option days which must all be completed within 2 years.

All core modules must be attended for each of the diploma pathways. You may then choose option days from the list to make up the 12 days required. You will then have one year from the date of the last study day to complete your written assignments.

If you have already attended any of our one day or weekend courses, you may upgrade to a Diploma package so long as all courses have been taken within the specified 2 year time frame

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£1,020 (monthly payment options available)

Fees include 12 days of teaching, tutor support, assessment and The Christie Diploma

Applications

To apply, send a covering letter plus evidence of qualification and insurance to sarah.wilkins@christie.nhs.uk

Prerequisite

We will require scanned evidence of your qualifications and insurance on application. During your course you will need to access clients in developing a case study and for reflective practice assignments. A handbook for the diploma will be provided via email which will include information about writing the assignments and referencing.

Participants will be treated as adult learners and you will be responsible at all times for ensuring personal, physical and psychological fitness and safety to attend and participate in the courses. We will provide tutorial support but cannot provide counselling or personal therapy. The purpose of any practical work is to develop your skills; practical work cannot be construed or utilised as personal therapy. If you have health concerns that may interfere with your participation please seek advice from our tutorial team before confirming a place or attending an event

Audience

Qualified therapists working within or aspiring to work within an oncology (including palliative or supportive care) or other complex healthcare setting (e.g. mental health, cardiology or haematology). The diploma may also be relevant to community based therapists supporting people with long term, chronic and acute healthcare needs

Benefits

- Enhance skills in patient care
- Improved quality of life for patients
- Improve your confidence and knowledge in working with increasingly complex healthcare issues

Pathways

- Adapting Complementary Therapies for Cancer Care
- Aromatherapy and Cancer Care
- Adapting Reflexology for Cancer Care
- Creative and Therapeutic Approaches to Relaxation

Assessment

This is a practical programme with the final submission of an assessment folder. The assessment folder will consist of a self assessment record of each of the modules and study days you attend. Assignments include a case study (2000 words), reflective practice (1500 words) and the critique of a research paper (1500 words).

Essentially, the Diploma course is a practical programme and we encourage applications from, and provide support for, non academic practitioners.

A Certificate in Cancer Supportive Care is available for those attending the modules without completing the final assessment



Adapting Complementary Therapies For Cancer Care

This programme is designed for Complementary Therapists wanting to develop their practice in supportive and palliative care.

Prerequisite: Qualified, practising and insured in all of your chosen options therapies.

Package: 6 days of core modules and 6 option days



Aromatherapy and Cancer Care

This programme is designed for qualified Aromatherapists wanting to develop their practice in supportive and palliative care.

Prerequisite: You must be a qualified, practising and insured Aromatherapist to register for this diploma.

Package: 8 days of core modules and 4 option days.

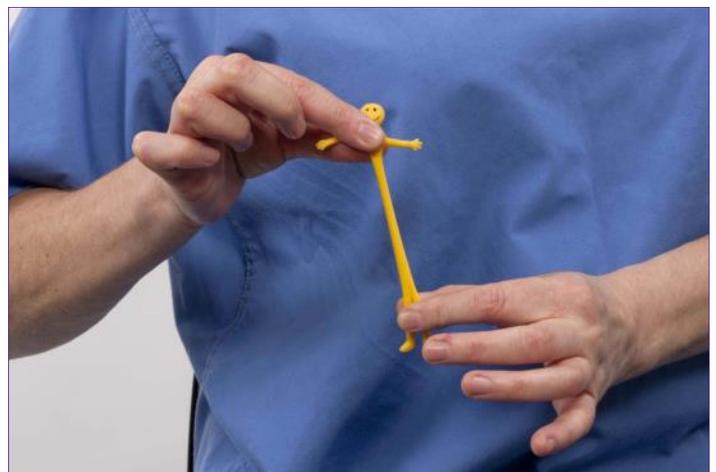


Adapting Reflexology for Cancer Care

This programme is designed for qualified reflexologists wanting to develop their practice in supportive and palliative care.

Prerequisite: You must be a qualified, practising and insured Reflexologist to register for this diploma.

Package: 6 days of core modules and 6 option days



Creative and Therapeutic Approaches to Relaxation

This package consists of a variety of workshops, which focus on the principles which underpin the therapeutic use of relaxation techniques, creative imagery and mindfulness. The programme has been designed to offer skills development that will increase your flexibility when working with relaxation in practice. If you want to develop your expertise so you can practice in a variety of healthcare settings, this diploma is the ideal way for you to 'step up' your knowledge and confidence.

Prerequisite: Complementary therapist or health care practitioner working in a supported healthcare setting'

Package: 8 days of core modules and 4 option days

The below table outlines the core and optional modules available on each diploma pathway.

Visit <http://integrative-therapies.eventbrite.com> for module dates and registration information

Pathway Module Options	Number of Days	Adapting Complementary Therapies for Cancer Care	Aromatherapy and Cancer Care	Adapting Reflexology for Cancer Care	Creative and Therapeutic Approaches to Relaxation
Adapting aromatherapy for use in clinical settings	2		Core		
Adapting chair massage for hospice & cancer care	2	Option	Option		
Adapting head massage for hospice & cancer care	2		Option		
Adapting massage for hospice & cancer care	2	Option	Core		
Adapting reflexology for hospice and cancer care	2	Option		Core	
Aromatherapy: challenging symptoms & conditions	1	Option	Core		
Aromatherapy: using essential oils in acute cancer care	1	Option	Core		
Breathlessness: minimise the distress & maximise the breath	2	Option	Option	Option	Option
Clinical issues in cancer care	1	Core	Core	Core	Option
Complementary therapies during end of life care	2	Option	Option	Option	Option
Creative imagery for individuals & groups	2	Option			Core
Evaluating evidence & research	1	Option	Option	Option	Option
Hand reflexology	2			Option	
HEARTS process	2	Core	Option	Core	Core
Introduction to mindfulness (MRE workshop 1)	2				Core
Mindfulness: teaching clients 1-2-1 (MRE workshop 2)	2				Option
NLP diploma	4	Option			Option
Practical issues in cancer care	1	Core	Core	Core	Option
Resolving anxiety states, panic and phobia	2	Core	Option	Option	Core