



The Christie
Charitable Fund

Successes

Supporter's Magazine Spring 2015



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our amazing
fundraisers** pg 14

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our play specialist** pg 4

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Welcome to the latest edition of Successes

Roger Spencer, Chief Executive

A very warm welcome to the latest edition of Successes.

I'm delighted with my recent appointment as Chief Executive and I feel honoured and privileged to be leading an organisation as successful and well-respected as The Christie.

I know that many of our achievements and accomplishments are down to the support and dedication of our wonderfully loyal fundraisers. Thank you doesn't seem a big enough word to demonstrate how much all your enthusiasm, energy and donations are appreciated.

As an integral part of the Trust, our charity supports our aims of becoming the leading experts in cancer care, research and education, and your

commitment and support is essential to us achieving this goal. Our ambition to give patients the very best outcomes and be amongst the top cancer centres in the world can become a reality with your continued help and dedication.

Last year was our most successful ever in terms of fundraised income, raising a record breaking £14.8m which allowed us to progress new research projects, buy specialist equipment and fund both new buildings and redevelopments.

We have an ambitious five year strategy that will transform the way we treat cancer at The Christie and which will be impossible to achieve without the help of our supporters. We will be focusing on four key areas

of work; making sure our patients have access to the latest technology through partnerships, local delivery of chemotherapy services, our new Proton Beam Therapy service and expanding and improving The Christie site.

The Manchester Cancer Research Centre, of which we are a partner, is on track to open later this year ensuring we continue to be at the forefront of cancer research breakthroughs.

I'm immensely proud of our charity. We couldn't do the ground-breaking work we do every day without your contribution.

Thank you for your continued support and I hope you enjoy this edition of Successes.

Christine Outram has been appointed as the new Chair of The Christie. Christine has had a long career in the NHS, with over 20 years at leadership level.

Christine said: "I am delighted to be appointed as Chair of The Christie. It will be an honour and a privilege to work with such dedicated and loyal supporters and fundraisers. Together we can help this hugely important and impressive organisation achieve its ambitions and provide the best possible cancer care for patients."



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 Follow us on Twitter [@TheChristieNHS](https://twitter.com/TheChristieNHS) or our charity on [@TheChristie](https://twitter.com/TheChristie).

 Like our charity Facebook page facebook.com/TheChristieCharity

 Connect with **The Christie** LinkedIn company profile.

 Hear from Christie staff, patients, volunteers and fundraisers via our weekly blog christie.nhs.uk/blog

A day in the life

Penelope Hart-Spencer is a play specialist and paediatric support coordinator in our teenage and young adult unit.

Penelope explains: “My job is to help young people cope with their treatment, which can be extremely daunting, even with our expert support.

“Our patients have a range of different diagnoses including brain tumours, leukaemia and bone tumours. The Christie can treat children aged anywhere between 0–15 years, and I use play therapy and a range of techniques to guide them through their treatment without the need for sedation or general anaesthetic.

“I provide a holistic treatment pathway offering both emotional and psychological support. And this is largely thanks to your charitable giving which funds my post.

“At the teenage and young adult unit we have a physiotherapist, complementary and occupational therapists, a music tutor, an artist in residence and my role, all thanks to the generosity of our fundraisers. All of these jobs are essential in helping young patients adjust to a hospital environment and their treatment.

“My work is varied, and could involve arranging a visit to the theatre to see a show, or organising a special treat for a patient; such as having a pamper day with their friends! If there is anything to make time in hospital less stressful for these young patients, then I will try and make it happen.

“Our work has a 94% success rate, meaning our young patients have less invasive procedures and are away from home for shorter periods of time.

“We are a leading centre in this area, not every hospital is lucky enough to have these facilities for their patients, and we are sharing our expertise with other treatment centres across the world.”

“I work to a mantra: ‘I am here to make a very difficult situation the best it could possibly be!’ I make this happen by working closely with all the young people within the hospital and their families, getting to know their individual likes and dislikes, and then trying to incorporate their favourite things into their time while receiving treatment.”



Penelope Hart-Spencer

How charitable funds are spent

Your donations allow us to fund research that improves the treatment and care of cancer patients being treated at The Christie and around the world.

Update on the MCRC Academic Investment Plan

Proceeds from the Remembering Richard dinner have made a great start to our funding appeal to bring the world's best cancer experts to Manchester.

An amazing £132,643.23 was raised for The Christie by Brian Scowcroft, who organised the event in memory of his son Richard, and the money will help fund one of the academic research posts in the new Manchester Cancer Research Centre (MCRC), which is due to open this Summer.

The MCRC is a collaboration between The Christie, Cancer Research UK and the University of Manchester. The new MCRC building will enable us to revolutionise the way we prevent, diagnose and treat cancer worldwide. It will create hope for people diagnosed with cancer in Manchester each year.

Now that work on the new research centre is almost complete, we are aiming to bring 20 of the world's best cancer experts and their teams to Manchester. In total it will attract 100 new staff with clinical, research and teaching expertise in screening and prevention, lung cancer, radiotherapy, haematological oncology, women's cancer, melanoma and personalised cancer therapy.



Research at The Christie

For more information please visit www.mcrc.manchester.ac.uk

First ever dementia nurse consultant in the UK



Lorraine Burgess

The Christie, in partnership with Macmillan Cancer Support, has created the first ever dementia nurse consultant role in the UK. Lorraine Burgess has a career that spans over 40 years working in dementia care and was this year's recipient of the Nursing Times Nurse of the Year award.

The Christie is the only oncology hospital in the UK to have a dementia team and our charity part-funds Lorraine's post.

Lorraine will take on the challenging role that will see half her time spent working beside cancer specialists in The Christie to support them in working with patients with dementia and cancer.

The second half of her role will be working in the community with health professionals in complex palliative cases involving dementia and cancer.

The combination of an aging population and better survival rates for cancer have both contributed to us treating an increasing number of patients with cancer and dementia. Evidence has found that patients with cancer and dementia are more likely to be diagnosed at later stages because of poor symptom recognition, this results in a higher mortality rate than cancer patients without dementia.

However, survival can continue for many years with the right support, education and care for practitioners, patients and carers.

Giving patients the gift of time

The Christie is building a unique, state-of-the-art unit which will allow us to bring our day-patient services together under one roof in an Integrated Procedures Unit (IPU) at our main Withington site.

Whether it's time spent waiting for results, time undergoing day surgery, or even the time it takes to travel to multiple appointments – these are all precious moments that our patients tell us they would rather spend with loved ones.

We are aiming to raise £5 million to help us build the IPU which will ensure hundreds of patients, with many different cancers, all receive treatment in one environment.

The IPU will mean shorter waiting times for day-patients who need to see our plastic surgery, endoscopy, radiology, pain management or day case procedures teams. The unit will provide an enhanced biopsy service, and give patients better

access to the latest treatments and medical procedures developed at The Christie. And it will have longer opening hours, so patients can come before or after work if they need to.

Most of all, streamlining their care will give our patients more time to spend with the people they love, doing the things they love.

We are delighted to say that the appeal has been kick-started by a pledge of £300,000 from Joseph Holt Ltd to celebrate its Centenary Anniversary. The appeal was launched when Chairman Richard Kershaw and co-trustees of the Edward Holt Trust and Peter Kershaw Trust visited The Christie to formally open the Edward Holt

Entrance to the Palatine Treatment Centre.

This continues the long-standing support from the Holt family whose donations over the past 100 years have funded many projects. The family also generously funded several capital developments at The Christie beginning with The Holt Radium Institute in 1914 and, more recently, our satellite radiotherapy centre in Salford.

By contributing towards the IPU appeal you will be helping to transform and improve our patients' experience making a huge impact on their day to day lives. For more information visit www.christies.org



The opening of the Edward Holt Entrance

Your donations ensure The Christie can build on its reputation as one of the leading cancer centres in Europe.

International accolade for our Salford radiotherapy centre

Our radiotherapy centre based at Salford Royal has earned an international accolade for the standard of care it provides to radiotherapy patients.

The centre opened in July 2011 and currently treats around 60–70 patients a day, allowing them to receive treatment closer to home. The £18 million centre was fully funded by the charity.



Christie radiographers win North West Team of the Year

The radiography team at The Christie at Oldham has been named the North West team of the year 2014 by the Society and College of Radiographers.

The £17 million charity funded radiotherapy centre based at The Royal Oldham Hospital treats 70–80 patients a day with two state-of-the-art £1.3 million radiotherapy machines.

Our mobile chemotherapy unit celebrates first anniversary

Our mobile chemotherapy unit has celebrated its first anniversary. During the year the clinic has operated for more than 1,800 hours and treated over 2,000 patients across Greater Manchester.

The truck is 15ft high, has travelled over 7,000 miles visiting the five sites which host weekly clinics. This has saved patients a total of 30,000 miles travelling to the main hospital site in Withington. Fully funded by The Christie charity it treats patients five days a week from 9am–4pm.



Mobile Chemotherapy Unit

Ground-breaking scanning equipment funded by the charity

Through fundraising by The Christie charity, the Trust has been able to invest in state-of-the-art scanning technology to be used in cancer treatments. This new equipment will revolutionise cancer care at The Christie and help our patients get the best possible outcomes from their treatment.

The charity has already raised over £850,000 to buy a hybrid diagnostic CT and gamma camera that will help our radiologists visualise and monitor changes in a patient's cancer, and give them the best chance of beating their disease. Funds raised have also

covered the cost of a 3 Tesla MR Scanner which will be operational in late 2015. 3T is the most advanced imaging currently available in clinical practice and will be hugely beneficial to our patients.

However, we're not stopping there. We have just started fundraising to raise £1 million to purchase an MR LINAC scanner that will enable us to deliver more targeted, more personalised and more advanced radiotherapy for our patients. It will be the first of its kind in the UK and one of just 10 machines in the world.

Here's how you got involved

Take a look at some of the amazing things our supporters achieved last year. If this inspires you to take on a challenge and join Team Christie in 2015 then visit www.christies.org/events for details.



Graeme Hewerd and team took on an epic challenge, successfully cycling between and trekking up four peaks in four countries over 11 days.

Great North Run An impressive 126 runners braved the heat at this year's Great North Run. A huge congratulations to you all.



Great Manchester Run and Junior & Mini Run Over 1,800 runners donned their Christie t-shirts for 2014's Great Manchester Run.



Great North Swim Thanks to all our swimmers who plunged into the stunning waters of Windermere for our cause.



Here's how you got involved



In 2014 around **12,500** people did a sporting event for The Christie and raised a total of **£2.6 million**. A huge thank you for all your support.

MUFC Abseil Our MUFC Abseil raised in excess of £51,000 in 2014 – our best year yet!



Walk of Hope What a lovely day we all had walking the 10k route around the beautiful grounds of Tatton Park in honour of loved ones.

Daredevil Parachute Jump
Team Christie took to the skies with over 80 daredevils facing their fears with a parachute jump.



Manchester to Blackpool Bike Ride A phenomenal 8,000 cyclists took part in this 60 mile bike ride in wind, rain & shine to finish on the Blackpool Promenade. Great effort Team Christie!



Q&A: Professor Karen Kirkby, Research Lead, Proton Beam Therapy Service



Karen Kirkby

Karen Kirkby, who joined The Christie in January, gives us an insight into her new role and what it means for The Christie.

Karen's post is funded by our charity and the University of Manchester.

Q. How does it feel to be part of The Christie?

A. I'm really excited about my new role and I'm enjoying being part of The Christie. This job encompasses all the things I like most about the work I do and I'm honoured to be working with people of this calibre.

Q. What does your role entail?

A. My role has been created jointly by The Christie and the University of Manchester as part of the Manchester Cancer Research Centre (MCRC). I am leading a programme of international proton research with my team at the centre to improve treatments and deliver direct benefits to patients.

Q. What does Proton Beam Therapy (PBT) mean for patients at The Christie?

A. The Christie is one of only two sites in the UK to be chosen to host a PBT centre. It will mean that patients who live in the UK who currently have to travel to the US for this specialist radiotherapy treatment will be able to access it without the distress and upheaval of having to leave the country for weeks at a time. Some of our young patients have undergone treatment in the US which meant they were taken out of school for over two months at a time.

Q. We are fundraising for a new proton research room at the PBT Centre. How will this research benefit our patients?

A. The work will be carried out by world-renowned physicians, clinicians, biologists and researchers investigating how protons interact with living cells and tissue. This dedicated charity funded research space will provide the necessary tools to make real patient breakthroughs.

The main goal is to discover and provide increased choices for patients and find solutions that will effectively treat cancers which other therapies are unable to.

We are lucky to have the charity which provides funding above and beyond what the NHS can. Donations to this cause will help fund vital research that we hope will help us save even more lives from cancer in the future.

To find out more about the proton research room, please visit www.christies.org

The Christie Art Room

The Christie charity funds an art room which delivers sessions for patients several times each week. Everyone including patients, carers, staff and volunteers are welcome to use the service.

The idea was brought about by artist in residence, Pat Mountford who runs the sessions to provide attendees with a space to explore their creativity away from the daily pressures of life including living with cancer.

Christie patient, Pat Wilkinson, who was diagnosed with breast cancer in 2005, found great comfort in spending time in the art room. She said: "I've made so many new friends in the art room. We have a laugh, and sometimes a cry together. I've heard people say that they forgot they were worried or in pain while they were painting. I've seen others come in with their self-confidence at rock-bottom and leave with their head held high, having created something unique and beautiful."



Lottie Barnes (right) and Pat Mountford



An art room session with patients

Lottie Barnes, a freelance photographer who was treated at The Christie also got relief from spending time in the art room.

She said: "Three times a week, in between my treatments, I attended the art class. It was the only time in my day where I switched off and didn't think about cancer. I started to get my confidence back and I was painting portraits and landscapes on canvases!"

Pat Mountford added: "The art room helps boost patient self-esteem in a positive empowering way, at a time that can be so stressful. I have seen patients join the class feeling very vulnerable but after a few sessions this can change. Suddenly patients who may never have painted before are creating wonderful works of art. This space would not be available without the support of our charity and I am thrilled we can offer this to them."

To view timings of art sessions and for further information, please visit www.christie.nhs.uk and go to the patient area on the Foundation Trust page.



Pat Wilkinson

“Everything had gone full circle; I had become the participant and not the facilitator. I was the one being supported by an artist to use the arts to get me through an adversity in my life.”

Lottie Barnes

We'd like to take this opportunity to say a special thank you to Lou and Pat Kushnick who regularly fundraise for The Christie in memory of their daughter Alex who was treated here. They funded a relaxation room at The Christie and their kind donations now go to the art fund. As well as regularly volunteering in the art room, their fundraising has helped to fund two extra art classes per week for patients. Thank you from everyone at The Christie.

Drug trial gives new hope for Ian

In 2001 aged just 33, Ian Brooks from Bolton was diagnosed with anaplastic large cell lymphoma – an aggressive and rare form of non-Hodgkin lymphoma.



Ian Brooks

He responded well to initial treatment, but despite a stem cell transplant, the cancer came back again spreading throughout his body.

With few treatment options left Ian was given only weeks to live. But following enrolment on a clinical trial here at The Christie, Ian became the first patient outside of the US to receive a new drug, brentuximab. He had a remarkable response and after 12 weeks of treatment, scans showed that the tumours spread throughout his body had gone.

Ian said: "My consultant at the hospital was so excited when he saw the results that he came and showed me them straight away. Before treatment I had around 70 tumours in my body and just like that they had gone – it was an incredible feeling. I felt hugely privileged to have been able to access what for me was life-saving treatment – I don't think I would be here today without that drug."

Brentuximab is a type of monoclonal antibody that targets a protein called CD30 which is found on lymphoma cells. Brentuximab attaches to the CD30 protein delivering a fatal drug to the cancer cell. Ian's doctor, Dr Adam Gibb, a clinical research fellow in lymphoma at The Christie, said: "The drug can be administered rapidly and has few side effects. This is probably the most impressive response I've seen. Ian is now in remission and we are increasingly confident about him."

Ian has now had a bone marrow transplant and been discharged from The Christie. "I can't thank the NHS and the hospital enough. They gave me back my life," he said.

"Ian's experience illustrates the value of clinical trials. Not only does the knowledge we acquire allow us to move on to the next stage in developing the treatments of tomorrow, but most importantly it enables us to offer more treatment options to our patients," said Professor John Radford, director of research at The Christie.

The Christie trial proved so successful that brentuximab is now routinely available for NHS patients with the same rare lymphoma through the Cancer Drugs Fund.

The Christie has been pioneering cancer research breakthroughs for over 100 years and your fundraising allows us to support a variety of world leading and often ground-breaking research projects and clinical trials that can mean the difference between life and death for patients like Ian.



Before the treatment



After the treatment

Women's fashion brand AX Paris has raised a phenomenal £170,000 in 2014 for The Christie

The AX Paris Foundation began after AX Paris director, Arun Anand's mother Santosh Anand, sadly passed away in 2012 after being treated at The Christie for pancreatic cancer.

Arun wanted to give something back to The Christie and to other cancer patients, so he set up the AX Paris Foundation and chose to fundraise for our cancer appeal fund. The cancer appeal fund helps wherever the need is greatest at The Christie, this allows us to respond to patient needs and make sure help is delivered at the right time and in the right place.

Staff at AX Paris have shown great fundraising commitment over the last year, taking part in parachute jumps, marathons and cycles, with Arun leading the way and completing The Great North Run. And customers donated to the



Guests at the AX Paris Foundation Ball

total by pledging gifts on the AX Paris website.

The astonishing year of fundraising culminated in a glamorous ball held at the Hilton Hotel in Manchester.

The cancer appeal fund is vital to our patients and we are so grateful for the incredible support shown by the AX Paris staff and customers.

Steve Prescott Foundation on track to hit target

The devastating loss of Steve Prescott, the former international rugby player who was treated at The Christie for a rare form of cancer, and who sadly passed away just over a year ago, has not slowed down fundraising efforts.

The Steve Prescott Foundation has risen to Steve's inspirational challenge and continues to raise money and awareness for three chosen charities – The Christie, Try Assist and the Oxford Renal Unit – with a phenomenal £180,000 donation in total.

The £60,000 for The Christie will enable Steve's consultant Dr Mark

Saunders and his team to continue their ground-breaking research and clinical trials into Pseudomyxoma and this, along with the pioneering transplant Steve underwent at Oxford, will give added hope to present and future patients suffering from Pseudomyxoma Peritonei.

This year's amazing donation came again from a multitude of challenge events including The St Helens 10k Run, Radio 5 Live's George Riley's Runs and the Tour De Yorkshire 2 stage cycle challenge in June. The Steve Prescott Foundation Ambassadors, aided by hundreds

of supporters, continue to fulfil Steve's legacy and are determined to hit their £1,000,000 target.



Steve Prescott with his children, Taylor and Koby

Sarah's celebration helps fund vital Christie work



Sarah Storey on her wedding day

For most brides, a wedding gift list would contain the usual ask for household items or money towards the happy couple's honeymoon, but for BBC presenter Sarah Stone material things were far from her thoughts.

When Sarah, who is from Manchester, got married at St Paul's Cathedral to football agent Dan Potts, she requested that her guests give donations to The Christie rather than buying gifts for the couple.

The Christie has been close to Sarah and her family's hearts since her father received treatment here.

Sadly, Sarah's father died when she was just 13, so in his honour, Sarah set up a justgiving page for her wedding guests to donate to The Christie instead of setting up a traditional gift list.

Sarah's guests raised an incredible £6,500 and she said: "I'm so happy

with the generosity of my guests, the amount raised is beyond what I thought and I hope it will help The Christie continue it's wonderful work."

You can share your birthday, wedding, anniversary or special occasion with The Christie and help us to raise vital funds. By asking loved ones to donate to our life-changing work instead of giving gifts, or by purchasing our selection of elegant wedding favours, you will be making a difference to the lives of cancer patients across the North West. If you've got something to celebrate, please get in touch www.christies.org/celebratewithus

David's fundraising story

For David and Sarah Howson Thursday night was date night. For the last 12 months of Sarah's life Thursday's date night turned into Thursday's chemo session, a regimented day of clinics, bloods and infusions, which could last up to 12 gruelling hours.

David says: "Until you are affected by cancer you can't begin to appreciate the support, love and care an organisation like The Christie gives to each and every one of its patients."

Unfortunately, Sarah passed away at home in August 2013 after a 12 month battle with primary bowel and secondary liver cancer at the age of just 42.

After Sarah passed away David began to think of ways he could give something back to The Christie with the aim of raising £10,000. Just 16 months later he has raised £20,499.00 and increased his target to £25,000.

David has completed the Manchester to Blackpool bike ride, and also the Manchester 100, as well as organising events with the help from Sarah's family and friends. David will also be taking part in a sky dive this year with Sarah's sister Hannah.



David Howson's three daughters cheering on their aunt

David says: "For me, my focus is on my daughters, ensuring the loss of their mother at such a young age doesn't negatively impact their future lives. Our fundraising efforts are helping with this, giving us all focus and enabling our family to give something back to The Christie, who showed such compassion, care and love to us all."

David is fundraising at www.justgiving.com/SarahLouiseHowson If you would like to fundraise for The Christie please visit www.christies.org to find out more.

David Howson's three daughters are pictured on our front cover following a fundraising 'zumbathon'.

The Christie Charity Weekly Lottery

Play The Christie's new Weekly Lottery now for a chance to win a life-changing **£25,000** and help cancer patients in your local area.

Every £1 line you play helps fund our life-changing work – and gives you the chance to win cash prizes up to a whopping £25,000!

When you buy a £1 line in the weekly lottery, 50p goes directly towards giving local people the very best cancer treatment and care. The money we raise through the weekly lottery also funds research projects and clinical trials of new, potentially life-saving cancer drugs.

Your small change could make a big change for The Christie.

- 6 digits in the correct place wins **£25,000**
- 5 digits in the correct place wins **£1,000**
- 4 digits in the correct place wins **£25.00**
- 3 digits in the correct place wins **£5.00**



The Christie Charity Weekly Lottery is part of Unity. Every line you buy will be allocated a unique six digit lottery entry (like a lucky dip) which is yours to keep for as long as you play. You can buy as many lines as you want, and play for as many weeks as you like. Every Saturday six digits are selected at random. Prizes are issued when three, four, five or all six digits of the winning numbers are drawn in the correct place in the correct sequence. Prize cheques are posted directly to the lucky winners, so there is no need for you to claim. To enter you must be 16 or over.

It's simple to join, just visit www.christies.org/lottery to find out more and sign up to play!

You can check your weekly results online and see a full set of rules at www.unitylottery.co.uk

Cuppa for The Christie

It's easy to raise money to fight cancer. You just need to put the kettle on!

Whether you like builders or herbal tea, latte or flat white, hot chocolate or mochachino, every cup will make a difference to people with cancer.



You can:

- Organise a coffee morning
- Have a Cuppa with your colleagues in the office and why not hold your own workplace bake off competition too!
- Enjoy a brew and a slice of cake at home with your family
- Sip a cappuccino in a local cafe with friends
- Get sponsored to give up your favourite brew for a month

It's your Cuppa. It's your choice!

For more information go to www.christies.org/cuppa or call **0161 446 3988**



Fundraising gives Fiona a positive focus



Dr Fiona Thistlethwaite

Christie consultant and former Christie patient, Dr Fiona Thistlethwaite, shares her inspirational fundraising story.

"I had no family history of breast cancer, so my diagnosis in May 2013 came as a huge shock. I was a new mum, and liked to think of myself as living a healthy life. I had even recently taken up running again to keep myself fit and had entered The Great Manchester Run.

"Despite undergoing tests just a few days before the run that would turn out to show that I had breast cancer, as I crossed the finish line, in my best time ever, I swore I would be back to complete the race the following year.

"And I was. In the year inbetween I had four months of chemotherapy, often going straight from my own office to chemotherapy suite one, I had surgery and I began taking the drug Herceptin. In that time I also convinced the team I work with to fundraise alongside me for The Great Manchester Run.

"We called ourselves 'The Christie Challenge Team', and included my consultant Dr Andrew Wardley, nurses from the team, cleaners, management and even the father of one of the nurses! We all had different goals and abilities but we were all doing it for The Christie.

"Running together created so much team spirit and lasting friendships in our department. Fundraising became such an enjoyable experience.

"I wanted to raise funds for something patient focused and used my own experiences to guide me. I suffered from neck and lower back pain and found massage from the complementary therapy team incredibly helpful."

"However, I became aware that not all treatment areas have complementary therapy services available routinely, for example there was no service on the clinical trials unit.

"The £16,000 we raised pays for two therapists to spend nine hours a week at the clinical trials unit offering complementary therapies including massage, stress management techniques, acupuncture and aromatherapy.

"Fundraising during my treatment gave me a positive focus. I had the honour of starting the Walk of Hope in Tatton Park with my husband and my two children Emily and William. I also wrote a blog for the Guardian talking about my experience of being a cancer doctor and being treated for cancer at the same time.

"And I want to continue my fundraising journey, it has opened my eyes to the amazing things Christie fundraisers achieve and the difference it makes to patients.

"The 2015 Great Manchester Run marks another landmark for me, this year I will be running it to celebrate completing my first year in remission."

If Fiona's story has inspired you and you would like to find out more about fundraising for The Christie please visit www.christies.org