Colorectal and peritoneal oncology centre

Low Grade Mucinous Neoplasm I (LAMN I)

What is it?
A low grade mucinous neoplasm (LAMN I) is a growth found in your appendix. We use this term when the growth is very early and has not spread anywhere.

What causes it?
The cause of it is unknown but like any growths they can develop in people who lead healthy lifestyles. There is no evidence that the growth can be transmitted through families. It is not inherited.

Signs and symptoms
Most low grade mucinous neoplasms are found unexpectedly when patients have had their appendix removed for appendicitis.

How is it diagnosed?
Patients can often present with appendicitis and require an appendicectomy. Others have discomfort and are investigated with an ultrasound or CT scan and the appendix can appear enlarged (this is called a mucocele).

Treatment
Being diagnosed with a LAMN I means the growth has remained inside the appendix and does not require any further treatment. We do however like to monitor you with yearly CT scans and blood tests for five years to make sure no spread develops, which very rarely happens. Since we started the service we have never seen a patient with a LAMN I lesion develop more advanced disease.

If there is evidence that the appendix has burst or leaked its contents into the abdomen, the lesion becomes a LAMN II, and this does require a different approach with potentially other operations and treatments.

The colorectal and peritoneal oncology centre
The colorectal and peritoneal oncology centre has an international reputation for treating advanced and early colorectal cancer, appendix tumours, peritoneal tumour, anal cancer and tumours within the pelvis.

If you have a query regarding our service, please contact 0161 446 8051.

The service will provide:
- ongoing advice and support for patients, their partners and families
- information and advice about treatment and treatment options
- a point of contact should problems arise
• a link with other health care professionals involved in your care
• referral to specialist services

Who can contact us?
Any healthcare professional who needs information and advice. Any patient who would like referring can contact the service themselves or by referral from another health care professional. We are happy to speak to partners, friends and family, providing the patient has given consent.

If you know the name of your consultant, please contact their secretary directly:

Consultants:                          Contact:
Miss S T O'Dwyer                    Kim Haw  0161 446 8311
Mr M S Wilson                      Gill Harrison  0161 446 3366
Professor Renehan                 Bev Tyrrell  0161 918 2189
Mr Fulford                        Rebecca Brown  0161 918 7352
Mr O Aziz                         Laura Elliott  0161 918 2057
Mr Selvasekar                    Mary Cunningham  0161 918 2310

Clinical nurse specialists:
Rebecca Halstead                  0161 918 7096 or 07767 780952 rebecca.halstead@christie.nhs.uk
Amanda Coop                       0161 918 2097 or 07824 373785 amanda.coop@christie.nhs.uk
Rachel Connolly                   0161 918 7859 or 07785 725629 rachel.connolly@christie.nhs.uk
Lisa Wardlow                      0161 918 7183 or 07826 892213 lisa.wardlow@christie.nhs.uk

Fax:  0161 918 7078

Service Manager:
Alex Daly

There will be a CNS available between the hours of 07:30am to 18:00pm.

Key worker

Your key worker (nurse) .................................................................  can be contacted on ....................

If your key worker is not available, please leave a message on the answer phone with your name, date of birth and telephone number. All messages will be responded to as quickly as possible, but this may not always be on the same day.
Further information
For information about the Colorectal and peritoneal oncology centre, visit www.christie.nhs.uk/cpoc

Christie information
The cancer information centre at The Christie in Withington stocks a wide range of booklets free to patients, their families and carers, and offers a free confidential service for anyone affected by cancer. Contact 0161 446 8100.

Complementary therapy and smoking cessation
There is an outpatient drop-in service at The Christie on Tuesday and Thursday from 4pm. Contact directly by calling 0161 446 8236 or 0161 918 7175.

Maggie’s centre
The centre provides a full programme of practical and emotional support, including psychological support, benefits advice, nutrition and head care workshops, relaxation and stress management. Contact Maggie’s on 0161 641 4848 or email manchester@maggiescentres.org The centre is located near the hospital at 15 Kinnaird Road, Manchester M20 4QL.

Macmillan Cancer Support
This is a national charity offering advice and support. Call the Freephone helpline 0808 808 0000 (Monday - Friday 9am - 8pm) or if you are hard of hearing, use the textphone 0808 808 0121. Macmillan Cancer Support publish booklets which are free and available on their website www.macmillan.org.uk
If you need information in a different format, such as easy read, large print, BSL, braille, email, SMS text or other communication support, please tell your ward or clinic nurse.

We try to ensure that all our information given to patients is accurate, balanced and based on the most up-to-date scientific evidence. If you would like to have details about the sources used please contact patient.information@christie.nhs.uk

For information and advice visit the cancer information centres at Withington, Oldham or Salford. Opening times can vary, please check before making a special journey.

Contact The Christie Hotline for urgent support and specialist advice

The Christie Hotline: 0161 446 3658
Open 24 hours a day, 7 days a week

The Christie Patient Information Service
Tel: 0161 446 3000 www.christie.nhs.uk