

Please use the space below to jot down any questions you might want to ask your doctor or nurse and bring this leaflet with you to your next appointment:

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....

.....



# Cutaneous Lymphoma Multi-Disciplinary Team

Information for patients



The Christie NHS Foundation Trust  
Wilmslow Road  
Withington  
Manchester M20 4BX

Tel: 0161 446 3000  
[www.christie.nhs.uk](http://www.christie.nhs.uk)

The Christie Patient Information Service  
July 2016 – Review July 2019

## **The multi-disciplinary team**

The Multi-Disciplinary Team (MDT), is a team of healthcare professionals with the necessary skills to diagnose and treat cutaneous (skin) lymphoma.

The MDT includes many staff such as doctors and nurses as well as other healthcare professionals who all have expertise in treating and caring for patients with cancer. All of them play a part in supporting you and your family throughout your care.

Some of the team that you may meet include:

**The oncologist:** a doctor who is an expert in treating skin lymphoma.

**The dermatologist:** a doctor who is an expert in treating skin lymphoma.

**The clinical nurse specialist:** a nurse who is an expert in the care and support of people with lymphoma. The clinical nurse specialist can also help you understand anything you might need to know.

**The nurse clinician:** a nurse who is an expert in the treatment and clinical management of people with lymphoma, with additional skills and qualifications to examine you and prescribe medication.

**The research nurse:** a nurse who is responsible for providing information to patients about clinical trials and organising treatment and follow-up care whilst on such trials.

**The histopathologist/histodermopathologist:** a doctor who is an expert in looking at biopsy specimens under the microscope to determine the exact type and nature of the skin lymphoma.

**The radiologist:** a doctor who is an expert in interpreting x-rays and special scans which provide important information for diagnosing and treating cancer.

## **You come first**

The MDT meets on alternate weeks. We will discuss your lymphoma and work out what we feel will be the best treatment for you. Whenever possible your case will be discussed in the MDT before you start treatment.

We want you to be confident about your treatment plan. That's why we hope you will want to talk to us and tell us what is important for you. We will always tell you everything you want to know about your lymphoma.

When the MDT has discussed your case, your doctor or nurse clinician will see you in clinic to discuss treatment options.

Once a decision has been made on how best to treat you, we will discuss with you the most suitable place for you to receive your treatment.

## **Any questions?**

If you are worried or do not understand something you have heard, your clinical nurse specialist (or research nurse if you are on a clinical trial) is there to help. Your nurse will act as your key worker throughout your care with us and will be a point of contact for information and advice. The nurse will provide a link between yourself and the other MDT members if you have any questions.

## **Contact:**

Lymphoma clinical nurse specialist team: **0161 446 8573**

Lymphoma research nurse team: **0161 918 7226 / 7220 / 7963**