



Pregabalin slow dose increase

What is Pregabalin?

Pregabalin has been prescribed for you to help improve your pain control. It is especially good for treating nerve pain, for example, shooting or burning pains.

What are the side effects?

All medications cause side effects, however, if you are worried please speak to your doctor, nurse or pharmacist.

The most common side effects of Pregabalin are: dizziness, drowsiness, nausea and vomiting and constipation. Some people may also experience weight gain.

Most side effects settle after a few days so, if you are able, it is worth persevering with the medication.

If you experience drowsiness you must not drive or operate machinery.

Further information on side effects will be included on the information leaflet in your medications box.

Starting dose

Follow the instructions below carefully. Increasing the dose slowly should result in few problems with side effects.

If you have problems on increasing the dose you can drop back down to the previous dose.

If your pain is controlled at a lower dose you do not need to increase any further.

Days	MORNING	EVENING
1-2		25mgs
3-4	25mgs	25mgs
5-6	25mgs	50mgs
7-8	50mgs	50mgs
8-9	50mgs	75mgs
9-continue	75mgs	75mgs

**Please do not stop using Pregabalin suddenly it needs to be reduced gradually.
Talk to your doctor or nurse before stopping.**

Contacts for the Pain Team

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