Useful contacts:

Myeloma UK

www.myeloma.org.uk

This is a registered charity that informs and supports people specifically with myeloma and related conditions.

They have a Freephone Helpline for information or emotional support 0800 980 3332.

They can provide information packs and factsheets on myeloma and related conditions, with details of treatment options and disease management. Myeloma UK also arrange regular patient and family seminars throughout the UK.

Macmillan Cancer Support

www.macmillan.org.uk

Macmillan has information on all aspects of cancer. Freephone 0808 808 0000 open Monday to Friday 9am to 7pm. Lines are answered by specialist nurses.

Haematology and Transplant Support (HaTS)

The HTU has a dedicated charity called Haematology and Transplant Support (HaTS). This charity is for the benefit of patients and their families of the HTU. The charity funds patient care and facilities on the unit, and financial difficulties incurred by patients and their families.

For health professionals: referral criteria to myeloma nurse specialist

- Any patients admitted to The Christie for Multiple Myeloma, Amyloid or Waldenstrom's Macroglobulinaemia.

- Patients requiring support and information about their illness or side effects of treatment from diagnosis and throughout their care.

- Patients thought likely to benefit from additional support and contact in between hospital visits.

- Relatives or carers requiring support and information.

- Patients preparing for discharge/home.

The Christie NHS Foundation Trust

The Specialist Myeloma Nursing Service

The specialist myeloma nursing service

The Christie myeloma nursing service is offered by a team of experienced cancer nurses. They have specialist knowledge and skills in the care and support of people with multiple myeloma and related conditions such as Amyloid and Waldenstrom's Macroglobulinaemia.

They work closely with your team of doctors.

The myeloma nurse specialist is:
- Anne-Marie Kelly

The myeloma nurse specialist can give you:

- comprehensive information about your illness, possible treatment options, side effects and follow-on care
- time to talk about the information you have been given and discuss any concerns
- support for you and your family or carers
- assessment and advice about any problems you may have because of your illness or the treatment
- a point of contact when you have questions or concerns between hospital visits

- a link and referral to other health professionals both in the hospital and in the local community
- discharge information and advice after stem cell transplantation.

This service is available for as long as you need it.

Contacting the specialist nurse

Anne-Marie can be contacted on 0161 446 8167 (answerphone) or via The Christie switchboard on 0161 446 3000 bleep 12599.

Her hours of work are Monday to Thursday 9.30am to 5.30pm and Friday 7.30am to 3.30pm.

Where she can be reached:

Anne-Marie attends each of the outpatient myeloma clinics held on Tuesday afternoon and Friday morning.

- She can visit you on the ward if you are an inpatient. Please ask the ward receptionist to contact her.
- If you are attending the Haematology and Transplant Unit, please let the receptionist know.

Research nurse

The Christie is both a national and international centre for clinical research. Your consultant may speak to you about taking part in a clinical trial.

You will then have the opportunity to meet the research nurse who is experienced in myeloma care and has a specialist knowledge of cancer trials.

The research nurse can be contacted on 0161 446 8298 (answerphone) or via the switchboard on 0161 446 3000 bleep 12625.

If help or advice is needed when the myeloma nurses are not available:

- contact the Haematology and Transplant unit on 0161 446 3924 (during office hours) or 0161 446 3925 (out of hours/weekend) or
- telephone the hospital switchboard on 0161 446 3000 and ask them to bleep the Haematology Registrar on call.