#### Other useful numbers

North West Sarcoma Group 0161 446 3094, 0161 276 6167 or 0161 918 2196

Sarcoma UK 020 7250 8271 www.sarcoma.org.uk

GIST Support UK 0300 400 0000 www.gistsupportuk.com

Macmillan Cancer Support 0808 808 0000 www.macmillan.org.uk

Cancer Research UK
Freephone 0808 800 4040 www.cancerresearchuk.org

If you need information in a different format, such as easy read, large print, BSL, braille, email, SMS text or other communication support, please tell your ward or clinic nurse.

The Christie is committed to producing high quality, evidence based information for patients. Our patient information adheres to the principles and quality statements of the Information Standard. If you would like to have details about the sources used please contact **patient.information@christie.nhs.uk** 

For information and advice visit the cancer information centres at Withington, Oldham or Salford. Opening times can vary, please check before making a special journey.

Contact The Christie Hotline for urgent support and specialist advice

The Christie Hotline: 0161 446 3658 Open 24 hours a day, 7 days a week The Christie

# Department of surgery

# The specialist sarcoma nursing and physiotherapy service

The service is provided by a team of highly qualified and experienced nurses. They have specialist knowledge and skills in the care and support of patients with sarcoma.

We are a point of contact for patients who are currently receiving treatment at The Christie and work as part of a multidisciplinary team to give you the right care and support.

The clinical nurse specialists at The Christie maintain very close links with similar nurses at local hospitals and other health professionals in the community

Who are we? Clinical nurse specialists Ann Buchan Wendy Winn Jill Dickinson Mandy Bell

#### Sarcoma physiotherapist

The sarcoma physiotherapist specialises in the care of patients with sarcoma who need physiotherapy.

Maxine Cumbo



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## The service provides:

- ongoing advice and support for patients, their partners and families
- information and advice about various treatments, including research trials and management options
- a point of contact when questions or problems arise
- a link to other health professionals involved in your care at home and in hospital
- information about useful organisations and patient support services

# Who can contact the nurse specialist service?

Any patient coming for assessment or treatment for sarcoma at The Christie can contact the nursing service themselves or by referral from another healthcare professional. The service is available as long as you need it.

#### Research nurses

The Christie NHS Foundation Trust is at the forefront of clinical research and strongly believes in giving all our patients opportunities to participate in research. During your care you may be approached by your consultant or one of the research team to tell you about opportunities to participate in research both in clinical trials and research studies.

If you wish to know about clinical research, please contact the research team by email on **rtro@christie.nhs.uk** or by phone on **0161 918 2309**.

# Sarcoma physiotherapist

Many sarcomas arise within or very near to muscle or bone. The treatment may leave the affected area stiff or weak. Physiotherapy will help you to return to as active a lifestyle as possible. Exercises will help you strengthen your muscles and ensure your joints regain as much mobility as they can. Being physically active after cancer treatment is a positive step in helping you to recover.

#### Contact numbers to access the service

### Clinical nurse specialists:

Ann Buchan - 0161 446 3094 or 0161 446 3000 bleep 12906 (Monday to Thursday)
Wendy Winn - 0161 918 2196 (Monday to Thursday)
Jill Dickinson - 0161 918 2196 (Monday to Friday)
Mandy Bell - 07787 275658 (Tuesday, Wednesday and Friday)

Secretary to Dr Leahy/Dr Horsley 0161 446 8384

Secretary to Dr Wylie, Dr Coyle, Dr Saunders and Dr Kennedy 0161 918 7318

## Sarcoma physiotherapist:

Maxine Cumbo - 0161 918 7318 (Tuesday to Thursday)

- Contact The Christie Hotline for urgent support and specialist advice 24 hours a day, 7 days a week, on **0161 446 3658**.
- Phone The Christie switchboard on **0161 446 3000** and ask to speak to a member of your consultant's team.

There is a cancer information centre at The Christie located in Oak Road reception (department 3). Open 9:00am - 4:00pm, but if you are intending to make a special visit, please phone to check the opening times.