

Haematology department

# Haematology nurse-led clinics

## Introduction

As part of our haematology service we have created nurse-led follow up clinics for patients with the following conditions:

- Myeloproliferative Neoplasms (Myelofibrosis, PV & ET)
- Myelodysplastic Syndromes (MDS)
- Chronic Myeloid Leukaemia (CML)
- Acute Myeloid Leukaemia (AML)

Our nurse-led clinics enable us to take a combined, holistic approach to your care alongside consultant medical review and the treatment plan they have identified for you. It allows our haematology department to provide a multi-disciplinary approach and your consultant has identified you as suitable to access this service. This leaflet explains how the clinic works and what to expect from the service.

## What will this service offer?

- High quality, patient centred care.
- Assessment, monitoring and treatment of your condition.
- Assessment and monitoring of your medication and any possible side effects.
- Education, support and guidance for patients through their treatment plan.

## How does the clinic work?

The haematology nurse-led clinic will be based in haematology outpatients.

The clinic will run weekly on a Thursday afternoon and will be a mixture of telephone and virtual consultations.

A nurse-led clinic consultation is like any other clinic appointment in that we give you a specific time slot to discuss your care.

You will have bloods tests done before this consultation either through the phlebotomy clinic in department 26 or via your GP or community services.

At the time of your appointment, your clinical nurse specialist (CNS) will review the blood results during your appointment and ask a series of questions to complete their assessment.

You will have the opportunity to ask any questions or concerns you may have and discuss services which are available to support you by completing a holistic needs assessment.



A haematology nurse-led clinic letter will be completed following the consultation. A copy will be sent to you and your GP.

You will have alternating clinic appointments with a haematology specialist nurse and your haematology consultant. The frequency of this will be determined by your consultant. For example, this might be every second, third or fourth appointment, as required.

The specialist nurse-led service works closely with the medical team. If any concerns are identified during your appointment the nurse will liaise with your consultant or the haematology team to discuss any changes in your condition.

### How should I prepare for my appointment?

Please make sure you have:

- A quiet and private place to speak freely to your nurse
- A list of your medications and doses
- A list of any questions you want to ask

### What happens if I cannot make my appointment?

It is important to remember this telephone/virtual appointment is just the same as a normal clinic appointment. If you are unable to make this appointment please contact the enquiries number below and they will make a new appointment for you.

- If you have any general questions or concerns about your treatment please ring the haematology CNS team on **0161 918 7962** (9am - 5pm, Monday to Friday)
- If at any point you experience any new symptoms, feel unwell or require urgent advice please call The Christie Hotline on **0161 446 3658** (24 hours).
- Appointment enquiries – The haematology day unit: **0161 446 3924**

If you need information in a different format, such as easy read, large print, BSL, braille, email, SMS text or other communication support, please tell your ward or clinic nurse.

The Christie is committed to producing high quality, evidence based information for patients. Our patient information adheres to the principles and quality statements of the Information Standard. If you would like to have details about the sources used please contact **[the-christie.patient.information@nhs.net](mailto:the-christie.patient.information@nhs.net)**

For information and advice visit the cancer information centres at Withington, Oldham or Salford. Opening times can vary, please check before making a special journey.



Contact The Christie Hotline for  
urgent support and specialist advice  
**The Christie Hotline: 0161 446 3658**  
Open 24 hours a day, 7 days a week